REHABILITATION

3RD HEALTHCARE WITHOUT WALLS

PRELIMINARY PROGRAM – 9-10 OCTOBER 2008 – VENUE: BAYVIEW EDEN, 6 QUEENS RD MELBOURNE, VIC
Seminar Aims

- To showcase structures, systems and strategies etc that have resulted in improved access to services for patients/clients requiring rehabilitation and/or their carers.
- To showcase models of service delivery and/or care, best practice and other innovations projects that have demonstrated improved service delivery and quality of care for users of rehabilitation services.

Audience

- Academics
- Allied and community health professionals
- Care co-ordinators/managers (chronic, routine and complex care)
- Clinicians and clinical managers
- Clinical governance professionals
- Discharge planners
- Divisions of General Practice and general practitioners
- Health consultants
- Health service executives/Heads of departments
- Patient flow and bed managers
- Policy makers
- Project managers involved in clinical redesign, performance improvement,
- Public hospitals
- Quality, risk and patient safety professionals

Change Champions P/L

Change Champions delivers practical, high quality toolkit seminars that showcase solutions for healthcare service delivery challenges.

Our commitment is to support leadership, innovative thinking, creativity and the sharing of great ideas in healthcare delivery.

Change Champions P/L
PO Box 668
The Junction NSW
Phone: 02 4963 5150
Fax: 02 4963 6656
Email: changechampions@bigpond.com
Web: www.changechampions.com.au

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**Thursday 9 October 2008**

### Session 1  
**Best Care, Best Place, Best Time**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Details</th>
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| 8.55-9.00| Welcome and housekeeping  
*Char Weeks*  
Managing Director  
Change Champions P/L |
| 9.00-9.40| Opening Address  
Don't Fence Me In – Improving subacute services  
*Sue Race*  
Manager Ambulatory & Continuing Care Programs Branch  
Metropolitan Health & Aged Care Services  
Department of Human Services, VIC |
| 9.40-10.25| International Perspective  
Fit for the Future: the Somerset Story  
Implementing an integrated model of community rehabilitation  
*Ann Anderson*  
Associate Director Strategic Development  
Somerset Primary Care Trust, UK |
| 10.25-10.45| Pathways to Independence – Improving Access to Rehabilitation  
*Intervention for Older People*  
*Meredith Stewart*  
Program Lead Aged Care  
Population & Primary Health Care Directorate  
Southern Adelaide Health Service, SA |
| 10.45-11.00| Questions to Speakers |
| 11.00-11.30| Morning Tea |

### Session 2  
**Redesign for Rehabilitation**

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<tr>
<th>Time</th>
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| 11.30-11.50| A Lean Thinking Approach to Redesigning Care in a Rehabilitation Setting  
*Janet Compton*  
General Manager  
Peter James Centre and Wantirna Health, VIC |
| 11.50-12.10| Open Plan Rehab: Designing A New Model of Care  
*Gregory Turnham*  
Quality Manager  
Peter James Centre & Wantirna Health, VIC |
12.10-12.30 The Journey for Amputee Rehabilitation
Josephine Wong
Senior Physiotherapist, Day Rehabilitation Centre
Hampstead Rehabilitation Centre, SA

12.30-12.50 Oncology Rehabilitation – a new model of outpatient care in Australia
Suzie Hooper
Group Coordinator Rehabilitation Service Development
St John of God Healthcare, VIC

12.50-13.05 Questions to Speakers

13.05-14.05 Lunch

Session 3 Home/Community Based Rehabilitation

14.05-14.25 Rehabilitation in the Home (RITHOM): An innovative hospital substitution program. Review of the 10 year service
Claire Morris
Manager, Rehabilitation in the Home Program
Repatriation General Hospital, SA

14.25-14.45 Home Based Acute Care Service
Leisa Harris
Physiotherapist, Home Based Acute Care Service
Redcliffe Hospital, QLD

Kerri Stewart
Occupational Therapist
Home Based Acute Care Service
Redcliffe Hospital, QLD

14.45-15.05 Health Policy: Driving a better client journey
Charlotte Dart
Senior Project Officer
Post Acute Services, Programs Branch
Department of Human Services, VIC

15.05-15.20 Questions to speakers

15.20-15.40 Afternoon Tea
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<tr>
<th>Session 4</th>
<th>Improving Safety and Quality</th>
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| 15.40-16.00 | Addressing self-medication safety in a rehabilitation facility – a multi-disciplinary approach to minimising risk and improving patient outcomes across the continuum  
*Peter Stewart*  
Nurse Clinical Service Coordinator  
Hampstead Rehabilitation Centre, SA  
*Margaret DeHaas*  
Nurse Clinical Service Coordinator  
Hampstead Rehabilitation Centre, SA |
| 16.00-16.20 | Go the Extra Mile on Bed Safety – Do No Harm  
*Tracy Nowicki*  
Clinical Nurse Consultant  
The Prince Charles Hospital, QLD |
| 16.20-16.40 | Minimising Functional Decline in Older People: Toolkit Development  
*Tania Cossich*  
Senior Project Officer  
Department of Human Services, VIC  
*Nicole Doran*  
Manager, Sub-Acute Services  
Department of Human Services, VIC |
| 16.40-16.55 | Questions to speakers |
| 16.55 | Close |
| 19.00 for 19.30 | Seminar Dinner  
Bayview Eden  
**Guest Speaker**: Jean-Paul Bell  
Described as ‘the face that could launch a thousand laughs’, Jean-Paul Bell is the founder and CEO of The Humour Foundation, a non-profit organisation bringing humour and laughter to hospital communities around Australia.  
**Dress**: Casual  
Pre-dinner opportunity to network with the international guests |
Friday 10 October 2008

Session 5  Better Managing Demand for Rehabilitation Services

8.55-9.00  Welcome and housekeeping
Char Weeks
Managing Director
Change Champions P/L

9.00-9.40  Access and exit block and other inefficiencies in the organization and funding of rehabilitation services in Australia
Dr Peter W New
Head, Acute Rehabilitation, Continuing Care Program, Southern Health, VIC
Head, Spinal Rehabilitation Unit, Caulfield General Medical Centre, Bayside Health, VIC
Departments of Medicine and Epidemiology & Preventive Medicine, Monash University, Monash University, VIC

A/Prof Christopher J Poulos
Network Clinical Director (Medicine, ED, Cardiac Services, Neurosciences and Rehabilitation)
Southern Hospitals Network
South East Sydney and Illawarra Health Service, NSW
Clinical Associate Professor, University of Wollongong, NSW

9.40-10.25  International Perspective
Virtual healthcare: Reform Enabled by Technology
Pippa Bagnall
UK Healthcare Reform Management Consultant

10.25-10.45  Spinal Cord Injuries Response – Breaking Down Barriers
Dr Timothy Geraghty
Rehabilitation Physician, Division of Rehabilitation
Princess Alexandra Hospital, QLD
Director, Queensland Spinal Cord Injuries Service, QLD

10.45-11.00  Questions to speakers

11.00-11.30  Morning Tea
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<tr>
<td>11.30-11.50</td>
<td><strong>Improving Service Delivery for Rehabilitation</strong></td>
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<td>Additional weekend Physiotherapy for in-patients receiving rehabilitation</td>
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<td><em>Natasha K Brusco</em></td>
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<td>Manager of Physiotherapy / Senior Clinician Neurological Physiotherapist, Angliss Hospital, Eastern Health, VIC</td>
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<td>Nora Shields, PhD, Lecturer, School of Physiotherapy, La Trobe University</td>
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<td>Nicholas Taylor, PhD, Professor of Physiotherapy, Eastern Health / School of Physiotherapy, La Trobe University</td>
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<td>Jennifer Paratz, PhD, Research Fellow, Dept of Anesthesiology &amp; Critical Care, University of Queensland</td>
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<td>11.50-12.10</td>
<td><strong>Using Information Technology to Create a Real Time Patient Flow Communication System Across the Care Continuum of a Multi Site Health Service</strong></td>
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<td><em>Mark Arnold</em></td>
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<td><em>Karen Heseltine</em></td>
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<td>12.10-12.30</td>
<td><strong>ACC’s Early Intervention Project: results of the first 6 months</strong></td>
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<td><em>Amanda Swain</em></td>
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<td>Executive Director</td>
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<td>The Philip Wrightson Centre of Excellence, NZ</td>
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<td>12.30-12.50</td>
<td><strong>Breaking Down the Walls: Workforce Development of Community Rehabilitation Clinicians</strong></td>
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<td><em>Jane Hawkless</em></td>
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<td>Training &amp; Development Officer</td>
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<td>Community Rehabilitation Workforce Program</td>
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<td>Cunningham Centre, Southern Area Workforce Unit</td>
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<td>Queensland Health, QLD</td>
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<td><em>Gela-Marie Van Horen</em></td>
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<td>Training &amp; Development Officer</td>
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<td>Community Rehabilitation Workforce Project</td>
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<td>Northside Health Service District</td>
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<td>12.50-13.05</td>
<td><strong>Questions to speakers</strong></td>
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<td>13.05-14.00</td>
<td><strong>Lunch</strong></td>
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Session 7  Cardiac Rehabilitation
14.00-14.45  International Perspective
Using Impedance Cardiography (ICG) in a Community Heart Failure Service
Christopher Nicholson
Cardiac Nurse Specialist – Heart Failure
Central Lancashire Primary Care Trust, UK

14.45-15.05  The Aussie Heart Guide – An Innovative Alternative Cardiac Rehabilitation Program
Sue Sanderson
NUM Tasmanian Cardiothoracic Unit
Royal Hobart Hospital, TAS
Robyn Speerin Nurse Practitioner, Cardiac Rehabilitation & Heart Failure Service
Dawn McIvor, CNC Cardiology Hunter New England Health, NSW
Terry Frohmader, Clinical Nurse-ICU/CCU Launceston General Hospital, TAS

15.05-15.25  Smarter Systems – Smarter Hearts
Kay Lumley
Acting Clinical Nurse Consultant Cardiac Rehabilitation
Nambour Community Health
Sunshine Coast and Cooloola Health Service District, QLD

15.25-15.40  Questions to speakers

15.40-16.00  Afternoon Tea

Session 8  Drug Rehabilitation
16.00-16.40  Community Based Drug Rehabilitation
Dr Wayne Herdy
General Practitioner
Redcliffe Bribie Caboolture Division of General Practice, QLD

16.40-16.45  Questions to Speaker

16.45  Close
Registration Form
3rd Healthcare Without Walls: Rehabilitation

Delegate No.1 Details Prof/Dr/Mr/Mrs/Ms/Miss:
Surname:
Given Name:
Company/Organisation:
Position:
Address:
State: Postcode:
Country:
Telephone:
Facsimile:
Email:
Preferred Name for Badge:
Special Diet:
Disability Assistance:

Delegate No.2 Details Prof/Dr/Mr/Mrs/Ms/Miss:
Surname:
Given Name:
Company/Organisation:
Position:
Address:
State: Postcode:
Country:
Telephone:
Facsimile:
Email:
Preferred Name for Badge:
Special Diet:
Disability Assistance:

Delegate No.3 Details Prof/Dr/Mr/Mrs/Ms/Miss:
Surname:
Given Name:
Company/Organisation:
Position:
Address:
State: Postcode:
Country:
Telephone:
Facsimile:
Email:
Preferred Name for Badge:
Special Diet:
Disability Assistance:
SECTION A – TWO DAY REGISTRATIONS FOR 9 AND 10 OCTOBER 2008

1. Register for 2 full days – 9 & 10 October 2008
   
   **Early Bird:** 2 days before 26 September 2008 $585.00 (inc GST) per person  
   **Standard:** 2 days after 26 September 2008 $675.00 (inc GST) per person  

   OR BOOK and PAY WITH A CREDIT CARD ON LINE at www.changechampions.com.au before 26 September 2008  
   $555.00 (inc GST) per person  

   **Group Discount - Register 6 delegates for 2 days (9 & 10 October 2008) and pay for 5 delegates**  
   Register 6 delegates at the one time and pay for 5 before 26 September 2008  
   $2808.00 (inc GST)  

SECTION B – ONE DAY REGISTRATIONS FOR EITHER 9 OR 10 OCTOBER 2008

Register for one day only – either 9 or 10 October 2008

   **Early Bird:** 1 day only before 26 September 2008 $300.00 (inc GST) per person  
   **Standard:** 1 day only after 26 September 2008 $330.00 (inc GST) per person  

   I will be attending on  
   Thursday 9 October 2008  
   Friday 10 October 2008  

SECTION C – SEMINAR DINNER

Seminar dinner at Bayview Eden includes 3 courses and beverages

   **Celebrity Speaker:** Jean-Paul Bell $95.00 (inc GST)  
   **Dress:** Casual  

   Additional dinner tickets  
   ____ @ $95.00 (inc GST)  

   TOTAL PAYABLE  
   $
Payment Methods
Change Champions P/L
ABN: 67 093 954 413

1. Pay on your Credit Card

Cardholders Name (PLEASE PRINT)

MasterCard  □  Visa ONLY □
Card No.                                      Expiry Date: _ _ / _ _  Amount to be charged $ ______________

Cardholder’s Signature: __________________________
Date: _ _ / _ _ /_ _

2. Pay by Cheque/money order
Please make cheques/money orders for your registration fees only payable to Change Champions P/L

3. Request for an invoice
Name of person responsible for payment of invoice: ________________________________
Email address: ________________________________
Contact phone number: ________________________________

4. EFTPOS

Account name: Change Champions P/L
Bank: Westpac
BSB: 033058
Account number: 198 743
Ref no: REHAB (Your surname)

REGISTER ON LINE AT WWW.CHANGECHAMPIONS.COM.AU OR FAX/MAIL YOUR REGISTRATION FORM AND PAYMENT TO:

MAIL
Change Champions P/L
PO Box 668, The Junction NSW 2291

FAX
From Australia 02-4963 6656
From overseas + 61 2 4963 6656

PH: 02-4963 5150
From overseas: +61 2 4963 5150

EMAIL: changechampions@bigpond.com

Your registration will be confirmed by email.

5. Delegate Cancellation Policy
A 50% refund will be offered for cancellations received before 9 September 2008.
No refunds will be given after this date. However, you may nominate an alternative delegate to attend in your place.

I have read and understand the delegate cancellation policy.

_______________________________ signed  _ _ / _ _ / _ _ date.
Accommodation

Accommodation at the Venue
Bayview Eden
6 Queens Rd
Melbourne VIC 3004
http://www.bayviewhotels.com
Ph: +61 3 9250 2222

Rates
Room Only $180.00 per night
Room & 1 Breakfast $200.00 per night
Room & 2 Breakfasts $220.00 per night

To make an accommodation booking at Bayview Eden, download the booking form from http://www.changechampions

Other Suggestions for Accommodation – please contact the hotels directly for rates

Darling Towers Apartments
23 Queens Rd
Melbourne VIC 3004
Ph: +61 3 9867 5200
http://www.darlingtowers.com.au

Bayview on the Park
52 Queens Rd
Melbourne VIC 3004
Ph: +613 9243 9999
http://www.bayviewhotels.com