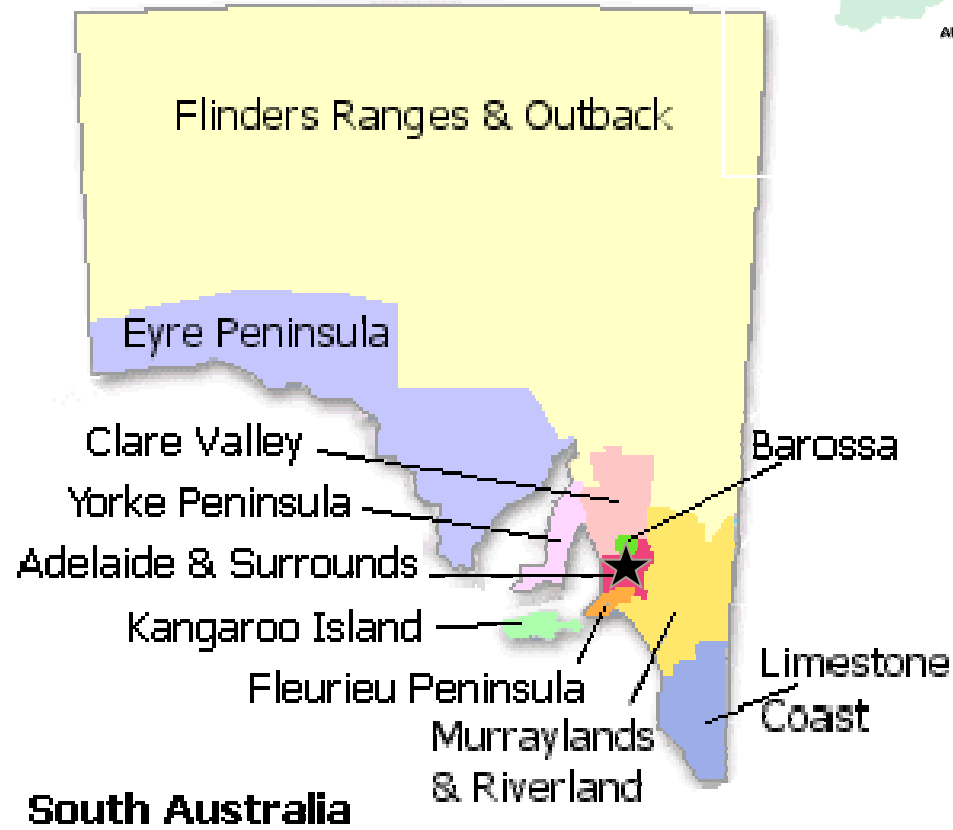
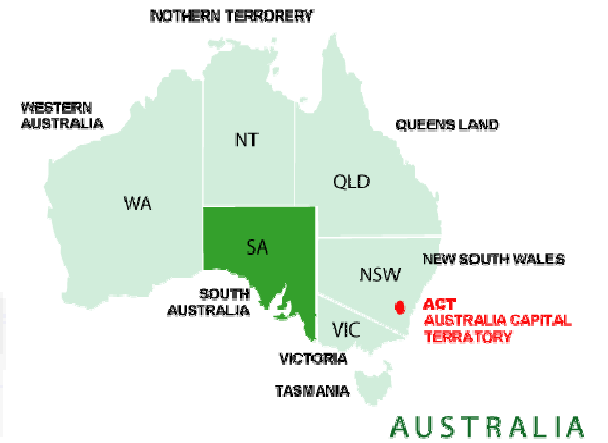


Improving the Delivery of Maternity Care;
Sharing the Lessons Learnt
February 2009

Southern Midwifery Group Practice



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SMGP
Flinders Medical Centre



Flinders Medical Centre





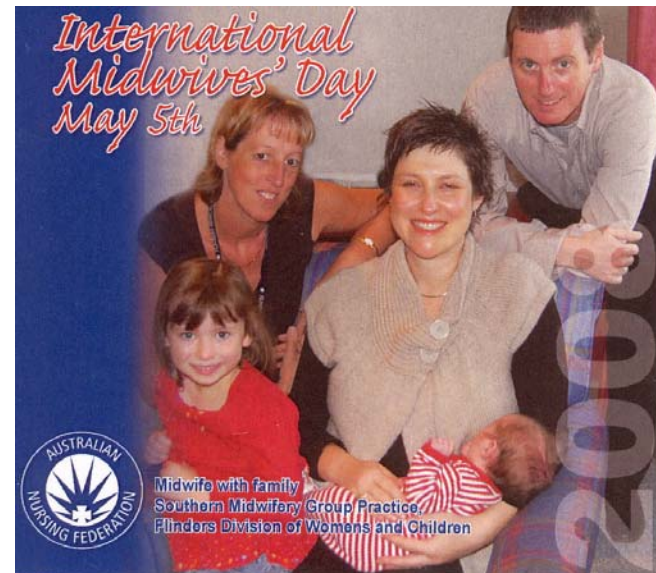
Map



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Labouring for Group Practice

- > EB agreement / ANF
- > how and what it looked like
- > lead up time
- > staff development to prepare
- > resources
- > equipment
- > women



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Work load

- > 6 FTE per team
- > 4 women a month per FTE
- > 12 hours at a time
- > 8 hour break
- > on call for 24 hours 0800-0800
- > off call days
- > education



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Booking In

- > Women's Health Clinic
- > triage / Maternity Allocation form
- > SMGP Allocation
- > First Visit with Group practice



SMGP intrapartum care

- > philosophy of SMGP midwifery care
- > if medical referral required
- > SMGP care continues in collaboration with medical team
- > support woman & advocate needs
- > continue postnatal care of woman or arrange transfer to the ward



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SMGP postnatal home visits

ongoing education,
counselling,
breastfeeding support,
general well being
assessment of mother
and baby

- > Day 1-3 NNST & weigh
- > Day 5 weigh
- > Day 7-8 weigh
- > Day 10 weigh
- > Day 17 weigh check
C&YHS have called
- > Day 31
- > Day 40-42



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Survey

- > 100 Women Feb/Apr 2008
- > informed consent
- > postal survey
- > 8 qualitative survey questions
- > 54% returned surveys
- > overwhelmingly positive comments regarding all aspects of SMGP care
- > 50% of women gave their names and their midwife





Results

- > 49% primiparous, 51% multiparous
- > 73% of women saw 2 midwives or less
- > 63% of women were cared for by their primary midwife
- > the women who did not have their primary midwife care for them in labour 60% had met their midwives partner
- > 57% of women stayed in hospital less than 24 hours, 33% of these women leaving hospital in less than 6 hours
- > 25% of women stayed in hospital 24-48 hours
- > 100% of women were extremely positive about their postnatal visits
- > 93% of women chose to breast feed
- > 86% of women were still breast feeding when surveyed at 6-7 months
- > 8% of women breast fed less than 3 months
- > 8% of women breast fed less than 2 weeks

What did you enjoy most about this model?

- > continuity of care, familiarity with the carer
- > personalised process
- > whole family involvement
- > nervous about early discharge found home care and support better than expected
- > emphasis on pregnancy, labour and birth as natural process
- > passion shown by all the midwives
- > consistency of information
- > home visits after the birth
- > flexibility with appointments





Midwives comments

- > being on call with a family is sometimes difficult you just need good support, I enjoy being able to manage my own time and you don't get called all the time
- > getting to know the women and their family is great
- > the autonomy is good, it makes me feel more as a professional. I do worry I will miss something
- > it is challenging at times as other staff do not understand how we work and think we should be in the hospital all the time.

Statistics

Total no. of women 462

- > 20% of women booked into FMC
- > 81.4% normal birth
- > 6.7% Episiotomy
- > 51% transfer to medical care
- > 5.6% Ventouse
- > 10.4% emerg LSCS
- > 2.8% elective LSCS
- > 23% induction of labour
- > 23.4% augmentation
- > 7.1% PPH
- > 20% Waterbirth



Challenges

- > recruitment of midwives
- > waiting list
- > expansion of the model
- > homebirth



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