

# NURSE-LED PREADMISSION BUT... not always in a Hospital

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# WHO WE ARE

- Waikato District Health Board
- Waikato Hospital is NZs largest provider of specialist tertiary services on one site
- Delivers tertiary services for central North Island population of 800,00
- 4800 employees

# PROBLEMS

- Day of surgery arrivals > 75%
- Patients unprepared
- Anxiety increased
- Doctors unavailable at 0730 hrs

# METHOD

- Implement generic health questionnaire-  
RN to review and sort
- Nurse-Led Model

Preadmission clinic attendance

OR

Outpatient preadmission process

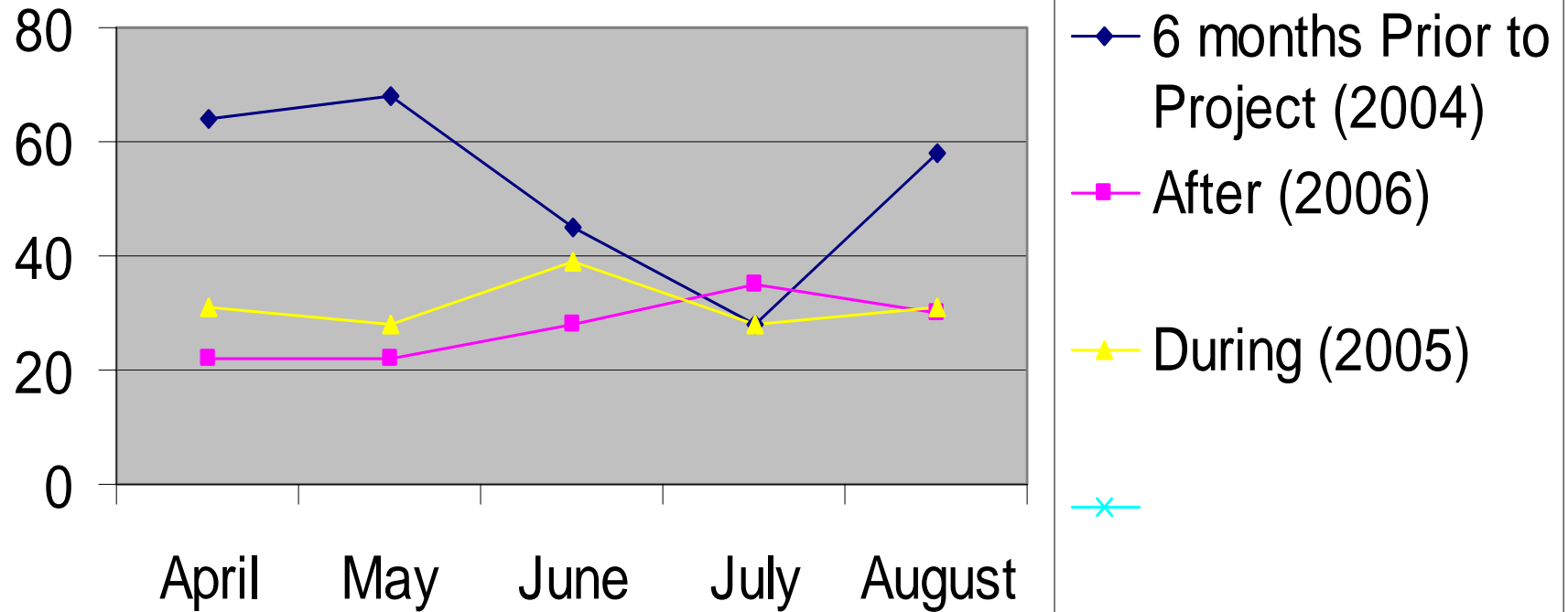
# OUTPATIENT PREADMISSION

- Phone review
- Education
- Investigations
- Referrals
- Information

# RESULTS

- 435 Questionnaires sent during 5 month trial
- 367 (84 %) returned
- 178 (48%) attended Preadmission clinic
- 189(52%) patients had alternate process

## # Patient seen in Preadmission Clinic



# Theatre Cancellations Pre and During Project



# BUT WHAT ABOUT???

- Consent
- Not “seeing” the patient prior
- Doctors opinion
- All results

# ADDED BENEFITS

- Improved links with primary care
- Decreased complaints from patients
- Increased efficiency of preadmission

# ADDED BENEFITS cont'd

- Improved communication between teams/clinicians
- No surprises for patient, family, anaesthetists and surgeons

# CONCLUSION

- Health questionnaires used by all surgical specialties
- Clinical Nurse Specialist leading preadmission process DHB wide for standardisation
- Finalist in New Zealand Health Innovation Awards 2007

GO  
THE  
ALL BLACKS !!!

HOPEFUL WINNERS OF 2007 RUGBY WORLD  
CUP