

# EASING THE PAIN OF TRANSLOCATION TRAUMA WITH THE EDEN ALTERNATIVE™

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# WHAT IS TRANSLOCATION TRAUMA/RELOCATION STRESS SYNDROME

Physiologic and/or psychosocial disturbances as a result of transfer from one environment to another

*Doenges and Moorhouse 1993*

# TRANSLOCATION TRAUMA/RELOCATION STRESS SYNDROME

*Is it real?*

# STRATEGIES TO EASE THE "PAIN"

Loneliness:

PAIN we feel when we want but  
cannot have loving companionship

# STRATEGIES TO EASE THE "PAIN"

Helplessness:

**PAIN** we feel when we always  
receive and never give care

# STRATEGIES TO EASE THE "PAIN"

**Boredom:**

**PAIN** we feel when our lives lack  
variety and spontaneity

# INFORMATION?

- Welcome pack
- DVD for families, sharing vision, mission, values
- Information pack – KISS
- What you hope to achieve in the home/service – are you helping people LIVE AND GROW?

# STRATEGIES TO EASE THE "PAIN"

- Networking
- Get to know the hospital discharge planners OR visit the home/service & get to know staff AND culture
- Encourage visits and meals for person entering care and family
- Attendance in community day centre

# STRATEGIES TO EASE THE “PAIN”

- Visit the new person in their own home or hospital
- Mentor other staff to be able to visit – care team involvement
- “Take me through a day in your life from the time you wake up”
- Daily pleasures

# STRATEGIES TO EASE THE "PAIN"

- ASK FAMILY TO HELP
- Normalise their life – including pets
- Try to replicate what they did at home
- Bring the outside community in
- Saying goodbye to home

**STRATEGIES TO EASE THE  
"PAIN"  
INSTITUTIONALISATION  
VS  
SEAMLESS  
PAINLESS  
TRANSITION**

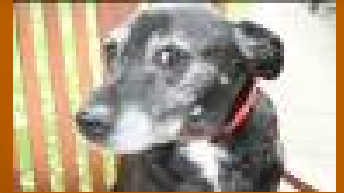


# ORIENTATION

- Banner
- Welcome committee
- Gift basket
- Buddy/friend



# A Welcome Letter to Our Home



Murray House an Eden Alternative Associate  
Eden Alternative in our home **means**;  
that **we** make **our** own **Rules**  
according to how we desire to live!

A\* Please **introduce** yourself to **us!!!**

You may find you **need** to **repeat** doing do so; **many**  
times.

Please kindly be **patient!**

\* We may be **hard of hearing, visually**  
**impaired** etc.

**WHO'S HOME IS IT?**

**THEY DO NOT LIVE IN OUR  
WORKPLACE**

**WE WORK IN THEIR HOME**

