

Assessment

Organisation

- > There are around 100 activities in the programme.
- > They are divided into ten areas.
- > The activities in each area are progressive.
- > Can do 1, 2 or 3 activities per session.
- > Can repeat activities.
- > Try to cover all the areas in one week.



Activity example

Referral to health services

Assessment tools

- > DCDQ –age 5-15y
- > Movement ABC2
- > MAND (McCarron)
- > VMI (Beery Buktenica)
- > Bruininks-Oseretsky Test of Motor Proficiency
- > PEGS- Perceived Efficiency & Goal Setting System
- > COPM- Canadian Occupational Performance Measure



Assessment Tools

- > School Functional Assessment (www.assess.co.za)
- > CAPE -Children's Assessment Participation and Enjoyment (www.assessment.com)
- > ICF checklist
- > Strengths & Difficulties Questionnaire ([sdqinfo.org](http://www.sdqinfo.org))
- > COSA- Child Occupational Self Assessment (www.moh.gov.za/health/assessment/cosa.html)



Other investigations

- > MRI
- > EEG



Diagnosis and treatment

- > Diagnosis
- > Functional goals ("top down"/ task orientated)
- > Identifying underlying difficulties ("bottom up"/ process orientated)
- > Meaningful and successful



Interventions

- > AllStars -after school club
- > AllStars+
- > Bike riding
- > Core Stability (pilates)
- > Soft Play sessions
- > Drumming workshops
- > Transition to secondary school



Parents as partners

- > Parent feedback
- > Volunteer scheme
- > Fundraising
- > Social events



What if we don't?

- > Poor self-esteem
- > Risk of school exclusion/ educational underachievement
- > Increased anxiety levels
- > Reduced social ability/support
- > Reduces occupational choices
- > Increased incidence of offending
- > Reduced independence
- > Increased risk of secondary health conditions
- > Increased risk of psychiatric disorders
- > Family/parental conflict
- > Persistent physical difficulties

Fit to Learn Extra

- > For secondary schools (11-16)
- > More successful as a club



Move 'n Learn

- > Early identification in nursery/ Early Years
- > Early Years Movement Skills Checklist
- > Screening to determine problem areas


