

‘Can’t you give them something to keep them quiet?’ Changing delirium management for older patients.

Toni Simpson Nurse Practitioner Aged Care

**‘Can’t you give them something to
keep them quiet?’**

- **Issue**
- **Health reform**
- **Audit –Result**
- **What next**

Issue - elderly patients with delirium were being sedated to control their behaviour.

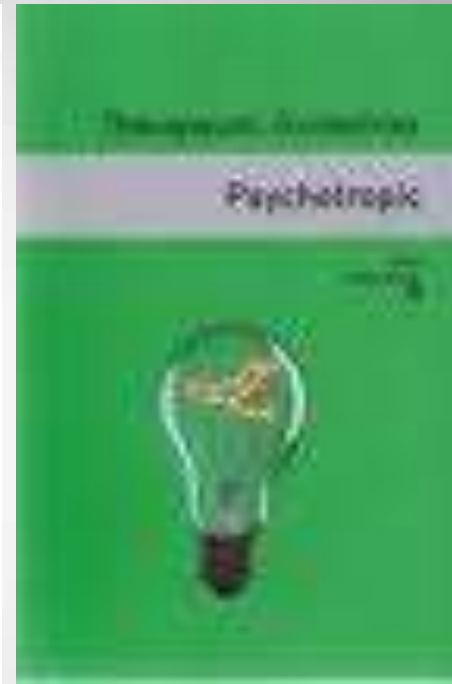


A group of Health reforms!!



Issue





Was I was making an anecdotal assumption that best practice was not being followed?

Broad Consultation

- Whingeing
 - Begging
 - Demonstrating
- Many education sessions

Thank you Pharmacists!





Audit

- Dose
- Reason
- Delivery

Chart review



Results

53.4% of doses administered were
inappropriate

Audit conclusion

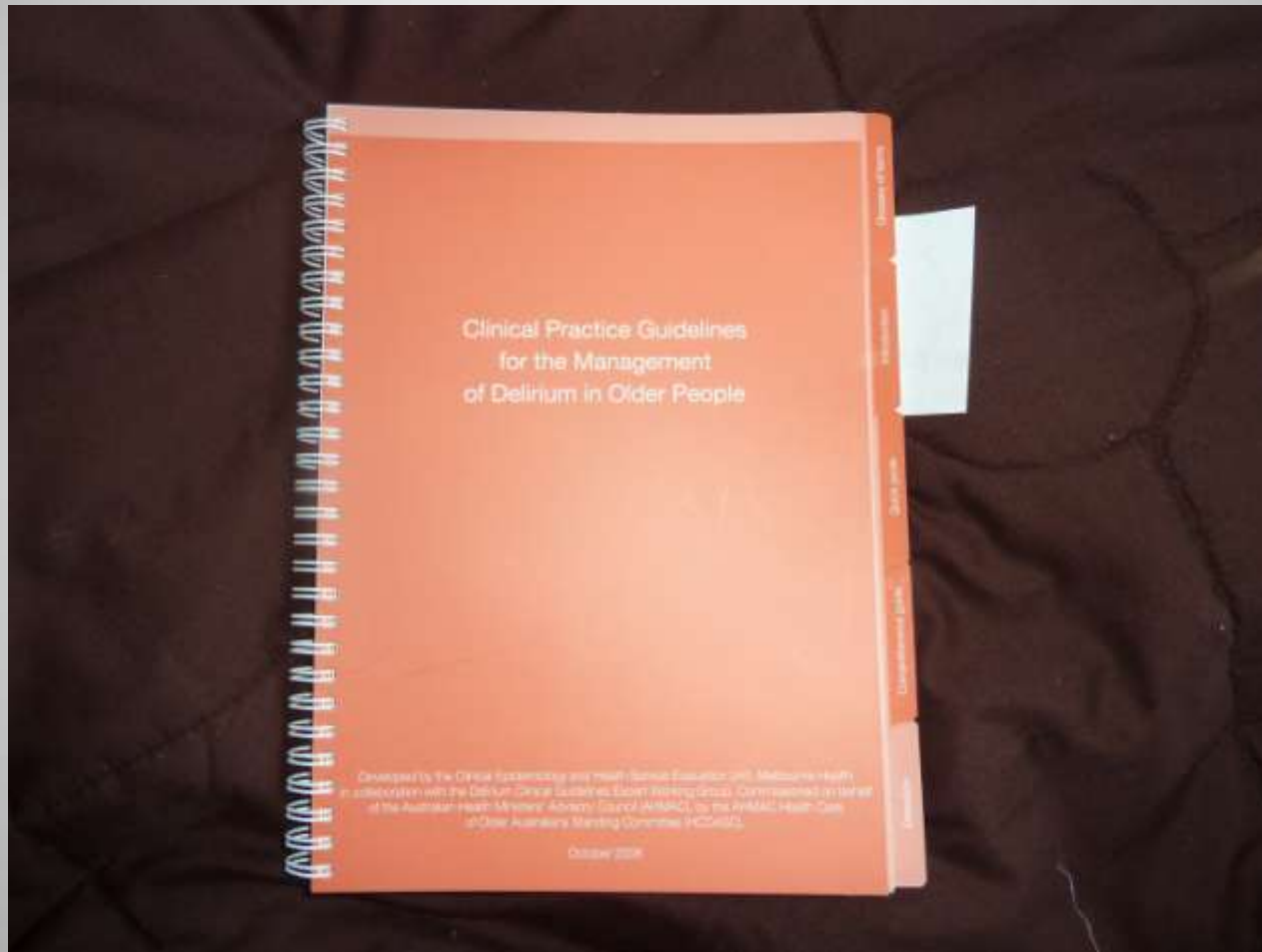
Presentation of results



Education sessions with a different approach



<http://www.health.vic.gov.au/acute-agedcare/delirium-cpg.pdf>



Interest building – another audit

**Transformation Audit/project – restraint of an
Adult patient**

Ever vigilant

- *ATSP - Agitation*
- *Pt not cooperative and refused to swallow pain meds,*
- *Nil contraíndicación to IMI Haloperídol*
- *Pt restless and shouting in ward*
- *Plan 1. Stat dose 1mg IMI Haloperídol.....*

Acknowledgements

*SHOULD YOU ENCOUNTER A PROBLEM ALONG YOUR
WAY*



CHANGE YOUR DIRECTION, BUT NOT YOUR DESTINATION