

Medication Safety *for* Older People



**1-2 March 2011
Intercontinental Adelaide
(Between the Convention Centre & Casino)
North Tce Adelaide, SA
AUSTRALIA**

PRELIMINARY PROGRAM



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1-2 March 2011

Intercontinental Adelaide

(Between the Convention Centre & Casino)

North Tce Adelaide, SA, AUSTRALIA

Seminar Aims:

- To highlight strategic directions and health reform initiatives that focus on improving medication safety for older people wherever they receive healthcare
- To showcase models of service delivery and/or care, and other innovations projects that have demonstrated improved medication safety for older people

Committee Members:

Chris Alderman, Director of Pharmacy, Repatriation General Hospital, SA

Dr Bradley Ng, Consultant Psychiatrist, Older Persons Mental Health, Gold Coast Health District, QLD

Diane Reeves, Pharmacist, Northern Sydney Central Coast Area Health Service, NSW

Carole Ramsay, Pharmacist, The Queen Elizabeth Hospital, SA

Char Weeks, Chief Executive, Change Champions P/L

Change Champions P/L

Change Champions is an Australian change management company that delivers high quality seminars primarily in the health sector. The company is committed to facilitating networking, information exchange and encouraging innovation. Our focus is on maximising participation in these events by seeking only to recover costs and supporting some attendances. From 1 January 2011, Change Champions will become the Australasian lead for CHAIN the not for profit network of more than 9500 professionals in 40 countries who are committed to leading change in healthcare.

Further information:

Change Champions P/L

PO Box 668

The Junction NSW

Ph: +61 (2) 9692 0533

Fax: +61 (2) 9518 6898

Email: info@changechampions.com.au

Web: www.changechampions.com.au



Tuesday 1 March 2011

Session 1 First, Do No Harm. Addressing the Challenges of Medication Safety for Older People

Chair: To be Advised

9.00-9.15 Welcome and House Keeping
Change Champions P/L

9.15-9.45 **Opening Address**
Presentation Title to be Advised
Kim Bessell
Principal Pharmacy Advisor
Pharmaceutical Benefits Division
Australian Government Department of Health and Ageing

Dr Susan Hunt
Senior Advisor
Office of Aged Care Quality & Compliance Division
Australian Government Department of Health and Ageing

9.45-10.15 **Keynote Address**
Medication Safety...a Never Ending Story
Dr Penny Flett
Chief Executive
Brightwater Care Group, WA

10.15-10.45 **Keynote Address**
Improving Quality and Outcomes of Prescribing for Older People
A/Prof Michael Woodward
Director, Aged and Residential Care Services
Austin Health, VIC

10.45-11.00 **Questions to Speakers**

11.00-11.30 **Morning Tea**

Tuesday 1 March 2011

Session 2 Integration and Service Delivery

Chair: To be Advised

11.30-11.50 **Examination of Possible Strategies to Facilitate Continuity of Medical Care & Medication for RACF Patients**

Richard Lord

NPS Program Officer

Accredited Pharmacist

ACT Division of General Practice, ACT

11.50-12.10 **Advanced Clinical Pharmacy Services in Aged Residential Care – At the Interface of Primary and Secondary Care**

Joanna Hikaka

Clinical Pharmacist – Aged Residential Care

Waitemata District Health Board, NZ

12.10-12.30 **Avoiding Medication Misadventure – The role of a multidisciplinary team (Medication Management Service) in assisting the aging population with complex chronic health needs to manage medications.**

Carolyn Towers

Care Coordinator

Northern Alliance HARP Medication Management Service, VIC

12.30-12.50 **Evaluation of a self-administration of medications program for hospitalised aged patients**

Tim O'Shea

Senior Pharmacist

Pharmacy Department, Alfred Health, VIC

Aged Care Unit, Caulfield Hospital, Alfred Health, VIC

Kim Bjallgren, Research Assistant, Pharmacy Department, Alfred Health, VIC

Jan Gooding, Project Nurse, Aged Care Unit, Caulfield Hospital, Alfred Health, VIC

Susan Poole, Research Co-ordinator, Pharmacy Department, Alfred Health,

Faculty of Pharmacy and Pharmaceutical Sciences, Monash University, VIC

Peter Hunter, Director, Sub Acute & Medical Services, Aged Care Unit, Caulfield Hospital, Alfred Health, VIC

Louise Dillon, Director Aged Care, Aged Care Unit, Caulfield Hospital, Alfred Health, VIC

Renata Lemke, Geriatrician, Aged Care Unit, Caulfield Hospital, Alfred Health, VIC

Lorraine McGrath, Nurse Unit Manager, Aged Care Unit, Caulfield Hospital, Alfred Health, VIC

Rohan Elliott, Senior Pharmacist, Faculty of Pharmacy and Pharmaceutical Sciences, Monash University, VIC, Pharmacy Department, Austin Health, VIC

Michael Dooley, Director of Pharmacy, Pharmacy Department, Alfred Health, Faculty of Pharmacy and Pharmaceutical Sciences, Monash University

12.50-13.05 **Questions to Speakers**

13.05-14.00 **Lunch and Poster Exhibition**

Tuesday 1 March 2011

Session 3 Medications and Patient Safety**Chair: To be Advised****14.00-14.20 Prescribing Cascades and the Risk of Adverse Outcomes*****Dr Gillian E Caughey***

Research Fellow

Quality Use of Medicines and Pharmacy Research Centre, Sansom Institute

School of Pharmacy and Medical Sciences

University of South Australia

Dr Elizabeth E Roughead, Quality Use of Medicines and Pharmacy Research Centre, Sansom Institute, School of Pharmacy and Medical Sciences, University of South Australia***Nicole Pratt***, Discipline of Public Health, University of Adelaide, SA***Sepehr Shakib***, Pharmacology Department, Royal Adelaide Hospital and University of Adelaide, SA***Dr Agnes I Vitry***, Quality Use of Medicines and Pharmacy Research Centre, Sansom Institute, School of Pharmacy and Medical Sciences, University of South Australia***Dr Andrew L Gilbert***, Quality Use of Medicines and Pharmacy Research Centre, Sansom Institute, School of Pharmacy and Medical Sciences, University of South Australia**14.20-14.40 High Risk Medications in Residential Aged Care Services (RACS)*****Claudio Dellore***

Residential Aged Care Quality Manager

Ballarat Health Service, VIC

Pat Erwin, Director of Nursing, Residential Aged Care Service. Hobson Nursing Home, WB Messer Hostel & Hailey House Hostel complexes, Ballarat Health Service, VIC**14.40-15.00 Multidisciplinary Assessment (including Medication Review) of Patients at a Residential Aged Care Facility*****Rachael Cooke***

Clinical Pharmacist

Hutt Valley District Health Board, NZ

Dr Althea Lord and ***Mary Daly***, Nurse Practitioner

Hutt Valley District Health Board, NZ

15.00-15.15 Questions to Speakers**15.15-15.40 Afternoon Tea**

Tuesday 1 March 2011

Session 4 Focussing on the Patient Experience

Chair: To be Advised

15.40-16.00 **A Pilot Study Exploring the Relationship Between Hand Function and the Ability to Open Medication Containers in Individuals Aged Between 65-85 Years**

Elizabeth Georgeson

Senior Clinical Pharmacist
Caulfield Hospital, VIC

Karen Roberts, Senior Clinician Occupational Therapist, Caulfield Hospital VIC

16.00-16.20 **Is there a difference? The culturally and linguistically diverse population perspective of safe self medication management**

Fleur Duane

Project Officer
The Helen Macpherson Smith Institute of Community Health
Royal District Nursing Service, VIC

Christine While, Susan Koch, The Helen Macpherson Smith Institute of Community Health,
Royal District Nursing Service, VIC

16.20-16.40 **Understanding medicines use in people 65 years and over**

Dr Kay Price

Senior Lecturer
School of Nursing and Midwifery
University of South Australia

16.40-16.55 **Questions to Speakers**

16.55 **Close**

17.00 **Networking Drinks and Canapés**
(Registered Delegates and Invited Guests only)

Wednesday 2 March 2011

Session 5 Older People and Mental Health

Chair: To be Advised

9.00-9.30 **Keynote Address**
Discontinuing Antipsychotics In Dementia: The Art of The Science
Dr Bradley Ng
 Consultant Psychiatrist, Older Persons Mental Health
 Gold Coast Health Service District, QLD

9.30-10.00 **Keynote Address**
Psychotropic Drug-Related Problems in the Elderly
A/Prof Chris Alderman
 Director of Pharmacy
 Repatriation General Hospital, SA

 School of Pharmacy and Medical Sciences, University of South Australia

10.00-10.20 **Veterans' Medicines Advice and Therapeutics Education Services (Veterans' MATES) –An innovative approach to the safer use of antipsychotics in older patients**
Natalie Blacker
 Research Associate
 Quality Use of Medicines and Pharmacy Research Centre, Sansom Institute,
 University of South Australia

Tammy LeBlanc, Quality Use of Medicines and Pharmacy Research Centre, Sansom Institute, University of South Australia

Elizabeth Roughead, Quality Use of Medicines and Pharmacy Research Centre, Sansom Institute, University of South Australia

Andrew Gilbert, Quality Use of Medicines and Pharmacy Research Centre, Sansom Institute, University of South Australia

Emmae Ramsay, Discipline of Public Health, University of Adelaide, SA

10.20-10.40 **Can't you give them something to keep them quiet? Changing delirium management for older patients**
Toni Simpson
 Nurse Practitioner Aged Care
 Gold Coast Health Service District, QLD

10.40-10.55 **Questions to Speakers**

10.55-11.25 **Morning Tea**

Wednesday 2 March 2011

Session 6 Managing Medications

Chair: To be Advised

11.25-11.45 **Medication – Improving Management: Development of an assessment tool to support independent and safe self management of medications in the community**

Christine While

Project Officer

The Helen Macpherson Smith Institute of Community Health

Royal District Nursing Service, VIC

Fleur Duane and Dr Susan Koch, The Helen Macpherson Smith Institute of Community Health, Royal District Nursing Service, VIC

11.45-12.05 **Medication Care Guides for Aged Residential Care**

Tanya Bish

Nurse Leader Aged Residential Care

Quality and Professional Development

Waitemata District Health Board, NZ

12.05-12.25 **Crushing paracetamol tablets in yoghurt prior to administration to elderly patients**

Sue Carson

Lecturer in Pharmacy

School of Pharmacy & Molecular Sciences

James Cook University, QLD

12.25-12.45 **Prevention of Fractures in Residential Care Facilities by Lifestyle Measures**

Prof Christopher Nordin AO

Chairman, South Australian Working Party on Prevention of Osteoporosis and Fractures

Emeritus Endocrinologist, Royal Adelaide Hospital, SA

Visiting Professor, University of Adelaide, SA

12.45-13.00 **Questions to Speakers**

13.00-13.50 **Lunch and Poster Exhibition**

Wednesday 2 March 2011

Session 7 Clinical Practice Development

Chair: To be Advised

13.50-14.10 **The Introduction and Evaluation of a Warfarin Management Strategy into Illawarra Residential Aged Care Facilities**

Margaret Jordan

NPS Facilitator

Illawarra Division of General Practice, NSW

Judy Mullan

Senior Lecturer

Graduate School of Medicine

University of Wollongong, NSW

Victoria Traynor

Associate Professor (Rehabilitation, Continuing, and Aged Care) &

Associate Director, NSW/ACT Dementia Training Study Centre

School of Nursing, Midwifery & Indigenous Health

Faculty of Health & Behavioural Sciences

University of Wollongong, NSW

14.10-14.30 **Not Just Pills Training & Resource Package to Improve Administration of Non-Oral Dose Forms in the Elderly**

Penny Kraemer

Consultant Accredited Pharmacist

PK Reviews, NSW

Margaret Strahan

Area Manager Care Services

Uniting Care Northern Sydney Region, NSW

14.30-14.50 **Time for Evidence Base Action Around PRN Medicines in Aged Care (TEAM Aged Care)**

Susan Edwards

Pharmacy Advisor

DATIS

General Practice Network South, SA

14.50-15.05 **Questions to Speakers**

15.05-15.25 **Afternoon Tea**

Wednesday 2 March 2011

Session 8 Medicines and their Safe Management

Chair: To be Advised

15.25-15.45 **The discrediting of COX-2 NSAIDs in Australia: Vioxx or class effect?**

Lynne Parkinson

Senior Research Fellow and Co-Deputy Director
Research Centre for Gender, Health and Ageing
University of Newcastle, NSW

Xenia Doljagore, Jane Robertson, Richard Gibson, Lisa Notley, Jenny Stewart Williams, Evan Doran, Paul Kowal, Julie Byles, Research Centre for Gender, Health and Ageing, The University of Newcastle, NSW

15.45-16.05 **Incident Reduction and Prevention in Medication Management**

Gail Rail

Community Care Advisor
Blue Care, QLD

16.05-16.20 **Questions to Speakers**

16.20 **Close**

Medication Safety and Older People

Tuesday 1st– Wednesday 2nd March 2011

Venue: Intercontinental Adelaide (between the Convention Centre & Casino)
North Tce, Adelaide South Australia

Registration Form

Delegate No.1 Details Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: _____
Given Name: _____
Company/Organisation: _____
Position: _____
Address: _____
State: Postcode: _____
Country: _____
Telephone: _____
Facsimile: _____
Email: _____
Preferred Name for Badge: _____
Special Diet: _____
Disability Assistance: _____
Do you agree to having your email address included in the delegate list? Yes / No

Delegate No.2 Details Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: _____
Given Name: _____
Company/Organisation: _____
Position: _____
Address: _____
State: Postcode: _____
Country: _____
Telephone: _____
Facsimile: _____
Email: _____
Preferred Name for Badge: _____
Special Diet: _____
Disability Assistance: _____
Do you agree to having your email address included in the delegate list? Yes / No

Delegate No.3 Details Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: _____
Given Name: _____
Company/Organisation: _____
Position: _____
Address: _____
State: Postcode: _____
Country: _____
Telephone: _____
Facsimile: _____
Email: _____
Preferred Name for Badge: _____
Special Diet: _____
Disability Assistance: _____
Do you agree to having your email address included in the delegate list? Yes / No

SECTION A – TWO DAY REGISTRATIONS FOR 1st AND 2nd MARCH 2011

Register for 2 full days – 1 and 2 March 2011

Early Bird: paid before 15 February 2011 \$585.00 (inc GST) per person \$ _____

Standard: paid after 15 February 2011 \$710.00 (inc GST) per person \$ _____

DISCOUNTS IF YOU BOOK ONLINE AND PAY WITH A CREDIT CARD ON LINE at www.changechampions.com.au (You must pay at the time you register)

2 day rego: paid before 15 February 2011 \$565.00 (inc GST) per person

2 day rego: after 15 February 2011 \$685.00 (inc GST) per person

1 day rego: paid before 15 February 2011 \$290.00 (inc GST) per person

1 day rego: after 15 February 2011 \$350.00 (inc GST) per person

SECTION B – ONE DAY REGISTRATIONS FOR EITHER 1st OR 2nd MARCH 2011

Register for one day only – Tuesday 1 March 2011

Early Bird: paid before 15 February 2011 \$310.00 (inc GST) per person \$ _____

Standard: paid after 15 February 2011 \$365.00 (inc GST) per person \$ _____

Register for one day only – Wednesday 2 March 2011

Early Bird: paid before 15 February 2011 \$300.00 (inc GST) per person \$ _____

Standard: paid after 15 February 2011 \$355.00 (inc GST) per person \$ _____

SECTION C - NETWORKING CANAPES AND DRINKS (Tues 1 March 2011)

Networking Canapés & Drinks

Get to know our invited speakers and discuss what you have learnt during the day your colleagues

\$60.00 (inc GST) \$ _____

Additional Canapés and Drinks tickets _____ @\$60.00 (inc GST) \$ _____

SECTION D - CERTIFICATE OF ATTENDANCE

Signed and ready to pick up at the seminar _____ @\$10.00 (inc GST) per person \$ _____

SECTION E - DISCOUNT IF YOUR POSTER SUBMISSION HAS BEEN ACCEPTED

Deduct \$50.00 from your registration fee if you have received an email from us saying your poster submission has been accepted. Note: If you chose to register online (for the rego discount) we will refund the \$50.00 to your credit card \$ minus _____

TOTAL AMOUNT PAYABLE \$ _____

TAKE ADVANTAGE OF OUR SPECIAL ONLINE DEAL!

REGISTER and PAY ONLINE FOR BOTH MEDICATION SAFETY SEMINARS
(Medication Safety for Older People and Mental Health and Medication Safety)
by December 31st for Special Price of \$990.00 (Online Credit Card Only)

WWW.CHANGECHAMPIONS.COM.AU

Payment Methods

Change Champions P/L ABN 67 093 954 413

1. PREFERRED Register Online at <http://www.changechampions.com.au>

Simply visit <http://www.changechampions.com.au> and scroll down the home page to the seminar of your choice and click on REGISTER. It's easy.

When you register on line, you can select your preferred payment option of:

- A) Generate an invoice that will be instantly emailed to the nominated responsible person
- B) Pay by EFT or cheque
- C) Pay online with a credit card

2. Pay on your Credit Card & fax your registration form

Cardholders Name (PLEASE PRINT) _____

MasterCard Visa ONLY

Card No.

Expiry Date: __ / __ / __

Amount to be charged: \$ _____

Cardholder's Signature: _____ Date: __ / __ / __

3. Pay by cheque/money order

Please make cheques/money orders for your **registration fees only** payable to Change Champions P/L

4. EFTPOS

Account name: Change Champions P/L

Bank: Westpac

BSB: 033 058

Account No: 198 743

Ref No: Older ppl Your surname)

5. Request an invoice

Name and position title of person responsible for the payment of the invoice: _____

Email address: _____ Ph: _____

All invoices must be paid prior to the seminar.

MAIL: Change Champions P/L
PO Box 668
The Junction NSW 2291

FAX: 02-9518 6898
From overseas: +61 2 9518 6898
PH: 02-9692 0533
From overseas: +61 2 9692 0533

EMAIL: info@changechampions.com.au

Your registration will be confirmed by email.

*CONDITIONS APPLY

You must pay on a credit card at the time you register if claiming a discount for online registration and payment.

Delegate Cancellation Policy

A 50% refund will be offered for cancellations received up to 28 days prior to the seminar. No refunds will be given between 0-27 days prior to the seminar but replacement delegate names are accepted. No refunds will be given for dinner cancellations 0-3 days prior to the seminar. If you have an unpaid invoice as at the first day of an event and for any reason do not attend, we will pursue payment as we will have already incurred costs on your behalf. Sorry, there are no refunds on drinks/canapé bookings, so please don't ask. Applications for cancellations and substitutions of delegates are **only accepted in writing** by email to changechampions@bigpond.com. The cancellation policy also appears at <http://www.changechampions.com.au> on the home page under terms and conditions.

I have read and understand the conditions and delegate cancellation policy.

_____ signed _____ / ____ / _____ date

Accommodation

InterContinental Adelaide

North Terrace (between convention centre and Casino)

Adelaide SA 5000

P: + 61 8 8238 2400

F: + 61 8 8231 1120

W: www.intercontinental.com/adelaide

King Riverview Room \$285.00*

Stamford Plaza Adelaide

150 North Terrace

Adelaide SA 5000

P: + 61 8 8461 1111

E: reservations@spa.stamford.com.au

W: <http://www.stamford.com.au/spa/>

Superior City View room \$225.00*

Superior Park View room \$245.00*

Mercure Grosvenor Hotel

125 North Terrace

Adelaide SA 5000

P: + 61 8 8407 8888

1800 888 222 (Australia only)

F: + 61 8 8407 8866

E: stay@mercuregrosvenorhotel.com.au

W: <http://www.mercuregrosvenorhotel.com.au>

Three star economy room, queen bed \$135.00*

Four star standard room, queen bed \$180.00*

Four star deluxe room, queen bed \$210.00*

Four star suite, queen or king bed \$240.00*

*All rooms and rates are subject to availability. Individual hotel booking and cancellation policies apply. A booking code may be required to secure the published rate. Booking codes are provided to delegates in the emailed registration confirmation.

**A suggestion below for accommodation that is close to the venue.
(Note we have no arrangements with this hotel)**

Oaks Horizons Adelaide

104 North Terrace

Adelaide SA 5000

P: + 61 8 8210 8000

F: + 61 8 8210 8001

E: reshorizons@theoaksgroup.com.au

W: <http://www.oakshotelsresorts.com/Site.aspx?pid=80>

For other discounted accommodation options eg hotels and apartments, we suggest that you visit:
<http://www.wotif.com.au>

