



# VTE Prevention Master Class:

Local and regional approaches to VTE Prevention; experiences from implementing a National VTE Prevention Programme in England

## C O N T E N T

Since 2005 the NHS in England has been developing and implementing a comprehensive national VTE prevention programme. Central to this healthcare system approach to VTE prevention has been a national policy of a VTE risk assessment for every patient admitted to an acute care setting based on national clinical guidelines supported by robust census data collection, reporting of appropriate prophylaxis and root cause analysis of every hospital acquired VTE. This national approach to VTE prevention in the NHS England is recognised as the most comprehensive of its kind.

Underpinning this systems based approach to VTE prevention in England has been regional and local VTE prevention strategies. This VTE Prevention Master Class will provide the opportunity for participants to learn of the regional approach taken in the South West of England and at a hospital level by King's College Hospital London who also lead the National VTE Prevention Exemplar Centres Network in the UK. All the speakers have been key to developing these policies and procedures. This Master Class will be fully interactive and provide the opportunity for participants to discuss and share practical based examples to the challenge of implementing VTE prevention policies and protocols at a regional and local level.

## **Dr Roopen Arya** BMBCCh MA PhD FRCP FRCPATH

Roopen Arya is Senior Medical Advisor to the National VTE Prevention Programme (England), Director of the National VTE Exemplar Centres Network and Director of the King's Thrombosis Centre in London. He is also Honorary Clinical Director for Thrombosis at NHS London, lead Clinician of Haematological Medicine and Deputy Director of the Blood Sciences Laboratory at King's College Hospital.

Dr Arya was awarded a Bachelor of Medicine and Surgery at Oxford University and later graduated with a PhD in Molecular Medicine from the University of London. He is a Fellow of the Royal College of Physicians and the Royal College of Pathologists. Venous thromboembolism (VTE) is a particular interest: Since 2005 he has maintained a key role in developing and implementing a comprehensive healthcare systems based National VTE Prevention Programme in England. He is a member of the current National VTE Prevention Team in England and leads the national VTE Exemplar Centres Network. King's College Hospital was the founder exemplar centre in the NHS. He is also member of the US Center for Disease Control and Prevention (CDC) Expert Panel on VTE prevention and heads an active programme of clinical research into VTE including studies of VTE outcomes, the prothrombotic state in pregnancy, and thrombophilia in the black population.

## **Tim Brown**

Tim has been at the centre of shaping and implementing VTE prevention policy at a national level in England since April 2005 when he was asked to coordinate the Government response to the Health Select Committee Report on the Prevention of VTE in Hospitalised Patients.

Tim then took on the role of VTE policy lead at the Department of Health and was Secretary to Chief Medical Officer's (CMO) VTE Expert Group. At the end of 2006 Tim left the Department of Health after 21 years public service in order to continue to support the development of the current National VTE Prevention Programme by the CMO for England. Since 2006 Tim has undertaken a variety of key roles including National VTE Policy Advisor in the CMO's VTE Prevention Team and then National VTE Prevention Programme Lead at the Department of Health. During 2007-08 Tim worked alongside Professor Ajay Kakkar at the Thrombosis Research Institute, London and has considerable experience of international policy developments for VTE prevention.

Tim is a member of the National VTE Board, the National VTE Prevention Exemplar Centres Network website Editorial Board, the UK Thromboprophylaxis Forum Steering Group and he advises the National Clinical Director for VTE (England).

In early 2010, as part of the CMO's National VTE Prevention Team, Tim visited key healthcare organisations involved in VTE Prevention activities in Australia and New Zealand. Tim is currently working with the NZ VTE Experts Group in support of the development of a national approach to VTE Prevention in New Zealand. Tim was a key note speaker at the NZ VTE Experts Group Annual Meeting in Auckland in March 2011.

In July 2011 Tim presented the NHS VTE Prevention Programme in England narrative as a patient safety case study at the inaugural meeting of the Global VTE Prevention Forum in Kyoto, Japan.

## **Lynda Bonner**

Lynda Bonner is a Consultant Nurse in Thrombosis and Anticoagulation, at Kings College Hospital in London. She works along with Dr Roopen Arya who is a member of the DH VTE Prevention Team and is National Lead for the VTE Prevention Exemplar Centre Network. Lynda leads the National Nursing and Midwifery Network for VTE Prevention, which supported by the Royal College of Nursing and the Department of Health's, Chief Nursing Officer's, Leadership Team. Lynda also provides the nursing leadership for the implementation of VTE prevention strategies, the anticoagulation clinic, the DVT diagnosis and treatment clinic, and the early discharge PE clinic, in her local hospital.



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