



CHANGE CHAMPIONS
& ASSOCIATES



How to Build Resilient Teams at Work

Thursday 26 October 2017

9.30-16.00

Wilkins Room

Level 3, 97 Pirie St, Adelaide, SA



How to Build Resilient Teams at Work

What's this workshop about

Based on the work of acclaimed organisational psychologist and author Kathryn McEwen's R@W® Team Model, in this full day PRACTICAL workshop we will:

- Discuss the challenges that come with constant change and uncertainty at work and how they impact on the team, including team and individual morale and productivity.
- Understand the 7 components of the R@W® Team Model
- Assess your current team resilience.
- Using the 7 components of the R@W® Team Model, participate in activities to identify opportunities to address specific gaps and improve team resilience.
- Consider how you can overcome difficulties to create positive energy in your team and use that energy to make a difference
- Using a structured framework, develop an action plan for improving your team resilience at work.

Who is this workshop for.....

Managers, emerging managers, team leaders and anyone else who is interested in building resilience in their team.

- You might have just been through or about to go through a transformational change or restructure
- Perhaps your one exhausting constant is continuous change
- You may be feeling the pressure of tight deadlines or just not enough time to do everything
- Maybe you are constantly under the pump to do more with less or feeling the heat from competing demands and unrealistic expectations.

And your facilitator is.....

Char Weeks GAICD, GCCM, CHE, BA is a Certified Executive Coach and a Member of the International Coaching Council. She is also a Genos Certified in Emotional Intelligence and trained by Kathryn McEwen in Resilience at Work and the R@W® Model.

Char particularly enjoys working with emerging managers and those who embrace the idea that life is one continuous learning curve. Char is passionate about the effective management of change, especially as it impacts on people. She understands systems change, advocates for organizational learning and positive culture development.

She has worked on many change programs in complex organizations and across disciplines, mainly in the health, health industry and not for profit sectors.

How to Build Resilient Teams at Work

REGISTRATION FORM

DELEGATE: Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: _____

Given Name: _____

Company/Organisation: _____

Position: _____

Address: _____

State: _____ Postcode: _____

Telephone (H): _____ Mobile: _____

Email: _____

Disability Assistance: _____

FEE:

Includes a copy for each person of Kathryn McEwen's book, **Building Team Resilience**



One x registration @ \$350.00 per person

OR

____ x registrations @ \$315.00 pp for 2 or more people registered
at the same time.

TOTAL AMOUNT PAYABLE \$ _____

Also available at your facility. Email us at info@changechampions.com.au for a quote

Payment Methods

Charmaine Weeks T/A Change Champions & Associates
ABN 49 833 110 992

- 1) Generate an invoice that will be instantly emailed to the nominated responsible person
- 2) Pay by EFT or cheque
- 3) Pay online with a credit card

1 Request an invoice (All invoices **must be paid** prior to the workshop)

Name & position title of person responsible for payment : _____

Email address: _____ Ph: _____

MAIL: Charmaine Weeks
P.O. Box 302, Kew, Victoria 3101
info@changechampions.com.au

2. Pay by cheque/money order

Please make cheques/money orders for your **registration fees only** payable to Charmaine Weeks

3. EFTPOS

Account name: Charmaine Weeks T/A Change Champions & Associates
Bank: Westpac
BSB: 032 569
Account No: 196 411
Ref No: (Your surname)

4. REGISTER AT EVENTBRITE by copying and pasting this link into your browser

<https://www.eventbrite.com.au/e/how-to-build-resilient-teams-at-work-tickets-37235844413>

5. Pay on your Credit Card & email your registration form

Card No. _____ 3 digit CVC code: _____

Expiry Date: ____ / ____ / ____ Cardholders Name (PLEASE PRINT) _____

Amount : \$ _____ Cardholder's Signature: _____ Date: ____ / ____ / ____

Delegate Cancellation Policy

A 50% refund will be offered for cancellations received up to 28 days prior to the seminar. No refunds will be given between 0-27 days prior to the seminar but replacement delegate names are accepted. If you have an unpaid invoice as at the first day of an event and for any reason do not attend, we will pursue payment as we will have already incurred costs on your behalf. Applications for cancellations and substitutions of delegates are **only accepted in writing** by email to info@changechampions.com.au. The cancellation policy also appears at <http://www.changechampions.com.au> at the bottom of the home page under terms and conditions.

