

A sunset over a body of water, with the sun low on the horizon, casting a golden glow across the sky and reflecting on the water's surface. The sky transitions from a deep blue at the top to a bright orange near the horizon.

# REHABILITATION

**3RD HEALTHCARE WITHOUT WALLS**

PRELIMINARY PROGRAM – 9-10 OCTOBER 2008 – VENUE: BAYVIEW EDEN, 6 QUEENS RD MELBOURNE, VIC

# REHABILITATION

## 3RD HEALTHCARE WITHOUT WALLS

### Seminar Aims

- To showcase structures, systems and strategies etc that have resulted in improved access to services for patients/clients requiring rehabilitation and/or their carers.
- To showcase models of service delivery and/or care, best practice and other innovations projects that have demonstrated improved service delivery and quality of care for users of rehabilitation services.

### Audience

- Academics
- Allied and community health professionals
- Care co-ordinators/managers (chronic, routine and complex care)
- Clinicians and clinical managers
- Clinical governance professionals
- Discharge planners
- Divisions of General Practice and general practitioners
- Health consultants
- Health service executives/Heads of departments
- Patient flow and bed managers
- Policy makers
- Project managers involved in clinical redesign, performance improvement,
- Public hospitals
- Quality, risk and patient safety professionals

### Change Champions P/L

Change Champions delivers practical, high quality toolkit seminars that showcase solutions for healthcare service delivery challenges.

Our commitment is to support leadership, innovative thinking, creativity and the sharing of great ideas in healthcare delivery.

Change Champions P/L

PO Box 668

The Junction NSW

Phone: 02 4963 5150

Fax: 02 4963 6656

Email: [changechampions@bigpond.com](mailto:changechampions@bigpond.com)

Web: [www.changechampions.com.au](http://www.changechampions.com.au)



# REHABILITATION

## 3RD HEALTHCARE WITHOUT WALLS

### Thursday 9 October 2008

#### Session 1

#### Best Care, Best Place, Best Time

8.55-9.00

#### Welcome and housekeeping

##### *Char Weeks*

Managing Director  
Change Champions P/L

9.00-9.40

#### Opening Address

#### Don't Fence Me In – Improving subacute services

##### *Sue Race*

Manager Ambulatory & Continuing Care Programs Branch  
Metropolitan Health & Aged Care Services  
Department of Human Services, VIC

9.40-10.25

#### International Perspective

#### Fit for the Future: the Somerset Story

#### Implementing an integrated model of community rehabilitation

##### *Ann Anderson*

Associate Director Strategic Development  
Somerset Primary Care Trust, UK

10.25-10.45

#### Pathways to Independence – Improving Access to Rehabilitation

#### Intervention for Older People

##### *Meredith Stewart*

Program Lead Aged Care  
Population & Primary Health Care Directorate  
Southern Adelaide Health Service, SA

10.45-11.00

#### Questions to Speakers

11.00-11.30

#### Morning Tea

#### Session 2

#### Redesign for Rehabilitation

11.30-11.50

#### A Lean Thinking Approach to Redesigning Care in a Rehabilitation Setting

##### *Janet Compton*

General Manager  
Peter James Centre and Wantirna Health, VIC

11.50-12.10

#### Open Plan Rehab: Designing A New Model of Care

##### *Gregory Turnham*

Quality Manager  
Peter James Centre & Wantirna Health, VIC

# REHABILITATION

## 3RD HEALTHCARE WITHOUT WALLS

- 12.10-12.30      **The Journey for Amputee Rehabilitation**  
*Josephine Wong*  
Senior Physiotherapist, Day Rehabilitation Centre  
Hampstead Rehabilitation Centre, SA
- 12.30-12.50      **Oncology Rehabilitation – a new model of outpatient care in Australia**  
*Suzie Hooper*  
Group Coordinator Rehabilitation Service Development  
St John of God Healthcare, VIC
- 12.50-13.05      **Questions to Speakers**
- 13.05-14.05      **Lunch**
- Session 3**      **Home/Community Based Rehabilitation**
- 14.05-14.25      **Rehabilitation in the Home (RITHOM): An innovative hospital substitution program. Review of the 10 year service**  
*Claire Morris*  
Manager, Rehabilitation in the Home Program  
Repatriation General Hospital, SA
- 14.25-14.45      **Home Based Acute Care Service**  
*Leisa Harris*  
Physiotherapist, Home Based Acute Care Service  
Redcliffe Hospital, QLD
- Kerri Stewart*  
Occupational Therapist  
Home Based Acute Care Service  
Redcliffe Hospital, QLD
- 14.45-15.05      **Health Policy: Driving a better client journey**  
*Charlotte Dart*  
Senior Project Officer  
Post Acute Services, Programs Branch  
Department of Human Services, VIC
- 15.05-15.20      **Questions to speakers**
- 15.20-15.40      **Afternoon Tea**

# REHABILITATION

## 3RD HEALTHCARE WITHOUT WALLS

### Session 4

#### Improving Safety and Quality

15.40-16.00

**Addressing self-medication safety in a rehabilitation facility – a multi-disciplinary approach to minimising risk and improving patient outcomes across the continuum**

***Peter Stewart***

Nurse Clinical Service Coordinator  
Hampstead Rehabilitation Centre, SA

***Margaret DeHaas***

Nurse Clinical Service Coordinator  
Hampstead Rehabilitation Centre, SA

16.00-16.20

**Go the Extra Mile on Bed Safety – Do No Harm**

***Tracy Nowicki***

Clinical Nurse Consultant  
The Prince Charles Hospital, QLD

16.20-16.40

**Minimising Functional Decline in Older People: Toolkit Development**

***Tania Cossich***

Senior Project Officer  
Department of Human Services, VIC

***Nicole Doran***

Manager, Sub-Acute Services  
Department of Human Services, VIC

16.40-16.55

**Questions to speakers**

16.55

**Close**

19.00 for 19.30

**Seminar Dinner**

Bayview Eden

**Guest Speaker:** Jean-Paul Bell

Described as 'the face that could launch a thousand laughs', Jean-Paul Bell is the founder and CEO of The Humour Foundation, a non-profit organisation bringing humour and laughter to hospital communities around Australia.

**Dress:** Casual

Pre-dinner opportunity to network with the international guests

# REHABILITATION

## 3RD HEALTHCARE WITHOUT WALLS

### Friday 10 October 2008

#### Session 5 **Better Managing Demand for Rehabilitation Services**

8.55-9.00

##### **Welcome and housekeeping**

###### ***Char Weeks***

Managing Director  
Change Champions P/L

9.00-9.40

##### **Access and exit block and other inefficiencies in the organization and funding of rehabilitation services in Australia**

###### ***Dr Peter W New***

Head, Acute Rehabilitation, Continuing Care Program,  
Southern Health, VIC  
Head, Spinal Rehabilitation Unit, Caulfield General  
Medical Centre, Bayside Health, VIC  
Departments of Medicine and Epidemiology & Preventive Medicine,  
Monash University, Monash University, VIC

###### ***A/Prof Christopher J Poulos***

Network Clinical Director (Medicine, ED, Cardiac Services,  
Neurosciences and Rehabilitation)  
Southern Hospitals Network  
South East Sydney and Illawarra Health Service, NSW  
Clinical Associate Professor, University of Wollongong, NSW

9.40-10.25

##### **International Perspective**

###### **Virtual healthcare: Reform Enabled by Technology**

###### ***Pippa Bagnall***

UK Healthcare Reform Management Consultant

10.25-10.45

##### **Spinal Cord Injuries Response – Breaking Down Barriers**

###### ***Dr Timothy Geraghty***

Rehabilitation Physician, Division of Rehabilitation  
Princess Alexandra Hospital, QLD  
Director, Queensland Spinal Cord Injuries Service, QLD

10.45-11.00

##### **Questions to speakers**

11.00-11.30

##### **Morning Tea**

# REHABILITATION

## 3RD HEALTHCARE WITHOUT WALLS

### Session 6

### Improving Service Delivery for Rehabilitation

11.30-11.50

#### **Additional weekend Physiotherapy for in-patients receiving rehabilitation**

##### ***Natasha K Brusco***

Manager of Physiotherapy / Senior Clinician Neurological Physiotherapist,  
Angliss Hospital, Eastern Health, VIC

Nora Shields, PhD, Lecturer, School of Physiotherapy, La Trobe University

Nicholas Taylor, PhD, Professor of Physiotherapy, Eastern Health /  
School of Physiotherapy, La Trobe University

Jennifer Paratz, PhD, Research Fellow, Dept of Anesthesiology &  
Critical Care, University of Queensland

11.50-12.10

#### **Using Information Technology to Create a Real Time Patient Flow Communication System Across the Care Continuum of a Multi Site Health Service**

##### ***Mark Arnold***

Nurse Unit Manager  
Barwon Health, VIC

##### ***Karen Heseltine***

Program Manager  
Barwon Health, VIC

12.10-12.30

#### **ACC's Early Intervention Project: results of the first 6 months**

##### ***Amanda Swain***

Executive Director  
The Philip Wrightson Centre of Excellence, NZ

12.30-12.50

#### **Breaking Down the Walls: Workforce Development of Community Rehabilitation Clinicians**

##### ***Jane Hawkless***

Training & Development Officer  
Community Rehabilitation Workforce Program  
Cunningham Centre, Southern Area Workforce Unit  
Queensland Health, QLD

##### ***Gela-Marie Van Horen***

Training & Development Officer  
Community Rehabilitation Workforce Project  
Northside Health Service District  
Queensland Health, QLD

12.50-13.05

#### **Questions to speakers**

13.05-14.00

#### **Lunch**

# REHABILITATION

## 3RD HEALTHCARE WITHOUT WALLS

### Session 7

#### Cardiac Rehabilitation

14.00-14.45

##### International Perspective Using Impedance Cardiography (ICG) in a Community Heart Failure Service

**Christopher Nicholson**

Cardiac Nurse Specialist – Heart Failure  
Central Lancashire Primary Care Trust, UK

14.45-15.05

##### The Aussie Heart Guide – An Innovative Alternative Cardiac Rehabilitation Program

**Sue Sanderson**

NUM Tasmanian Cardiothoracic Unit  
Royal Hobart Hospital, TAS

Robyn Speerin Nurse Practitioner, Cardiac Rehabilitation & Heart Failure Service  
Dawn McIvor, CNC Cardiology Hunter New England Health, NSW  
Terry Frohmader, Clinical Nurse-ICU/CCU Launceston General Hospital, TAS

15.05-15.25

##### Smarter Systems – Smarter Hearts

**Kay Lumley**

Acting Clinical Nurse Consultant Cardiac Rehabilitation  
Nambour Community Health  
Sunshine Coast and Cooloola Health Service District, QLD

15.25-15.40

##### Questions to speakers

15.40-16.00

##### Afternoon Tea

### Session 8

#### Drug Rehabilitation

16.00-16.40

##### Community Based Drug Rehabilitation

**Dr Wayne Herdy**

General Practitioner  
Redcliffe Bribie Caboolture Division of General Practice, QLD

16.40-16.45

##### Questions to Speaker

16.45

##### Close

# Registration Form

## 3rd Healthcare Without Walls: Rehabilitation

### Delegate No.1 Details Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: \_\_\_\_\_

Given Name: \_\_\_\_\_

Company/Organisation: \_\_\_\_\_

Position: \_\_\_\_\_

Address: \_\_\_\_\_

State: \_\_\_\_\_ Postcode: \_\_\_\_\_

Country: \_\_\_\_\_

Telephone: \_\_\_\_\_

Facsimile: \_\_\_\_\_

Email: \_\_\_\_\_

Preferred Name for Badge: \_\_\_\_\_

Special Diet: \_\_\_\_\_

Disability Assistance: \_\_\_\_\_

### Delegate No.2 Details Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: \_\_\_\_\_

Given Name: \_\_\_\_\_

Company/Organisation: \_\_\_\_\_

Position: \_\_\_\_\_

Address: \_\_\_\_\_

State: \_\_\_\_\_ Postcode: \_\_\_\_\_

Country: \_\_\_\_\_

Telephone: \_\_\_\_\_

Facsimile: \_\_\_\_\_

Email: \_\_\_\_\_

Preferred Name for Badge: \_\_\_\_\_

Special Diet: \_\_\_\_\_

Disability Assistance: \_\_\_\_\_

### Delegate No.3 Details Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: \_\_\_\_\_

Given Name: \_\_\_\_\_

Company/Organisation: \_\_\_\_\_

Position: \_\_\_\_\_

Address: \_\_\_\_\_

State: \_\_\_\_\_ Postcode: \_\_\_\_\_

Country: \_\_\_\_\_

Telephone: \_\_\_\_\_

Facsimile: \_\_\_\_\_

Email: \_\_\_\_\_

Preferred Name for Badge: \_\_\_\_\_

Special Diet: \_\_\_\_\_

Disability Assistance: \_\_\_\_\_

## SECTION A – TWO DAY REGISTRATIONS FOR 9 AND 10 OCTOBER 2008

### 1. Register for 2 full days – 9 & 10 October 2008

<b>Early Bird:</b> 2 days before 26 September 2008	\$585.00 (inc GST) per person	\$ _____
<b>Standard:</b> 2 days after 26 September 2008	\$675.00 (inc GST) per person	\$ _____

**OR BOOK and PAY WITH A CREDIT CARD ON LINE at  
www.changechampions.com.au before 26 September 2008**

\$555.00 (inc GST) per person \$ \_\_\_\_\_

### **Group Discount - Register 6 delegates for 2 days (9 & 10 October 2008) and pay for 5 delegates**

Register 6 delegates at the one time and pay  
for 5 before 26 September 2008 \$2808.00 (inc GST) \$ \_\_\_\_\_

---

## SECTION B – ONE DAY REGISTRATIONS FOR EITHER 9 OR 10 OCTOBER 2008

### **Register for one day only – either 9 or 10 October 2008**

<b>Early Bird:</b> 1 day only before 26 September 2008	\$300.00 (inc GST) per person	\$ _____
<b>Standard:</b> 1 day only after 26 September 2008	\$330.00 (inc GST) per person	\$ _____

I will be attending on

Thursday 9 October 2008

Friday 10 October 2008

---

## SECTION C SEMINAR DINNER

Seminar dinner at Bayview Eden includes 3 courses and beverages

Celebrity Speaker: Jean-Paul Bell \$95.00 (inc GST) \$ \_\_\_\_\_

Dress: Casual

Additional dinner tickets \_\_\_\_\_ @\$95.00 (inc GST) \$ \_\_\_\_\_

**TOTAL PAYABLE** \$ \_\_\_\_\_

## Payment Methods

Change Champions P/L  
ABN: 67 093 954 413

### 1. Pay on your Credit Card

Cardholders Name (PLEASE PRINT)

\_\_\_\_\_

MasterCard  Visa ONLY

Card No.

Expiry Date: \_\_/\_\_/\_\_ Amount to be charged \$ \_\_\_\_\_

Cardholder's Signature: \_\_\_\_\_

Date: \_\_/\_\_/\_\_

### 2. Pay by Cheque/money order

Please make cheques/money orders for your **registration fees only** payable to **Change Champions P/L**

### 3. Request for an invoice

Name of person responsible for payment of invoice: \_\_\_\_\_

Email address: \_\_\_\_\_

Contact phone number: \_\_\_\_\_

### 4. EFTPOS

**Account name:** Change Champions P/L

**Bank:** Westpac

**BSB:** 033058

**Account number:** 198 743

**Ref no:** REHAB (Your surname)

## REGISTER ON LINE AT [WWW.CHANGECHAMPIONS.COM.AU](http://WWW.CHANGECHAMPIONS.COM.AU) OR FAX/MAIL YOUR REGISTRATION FORM AND PAYMENT TO:

#### MAIL

Change Champions P/L  
PO Box 668, The Junction NSW 2291

#### PH:

02-4963 5150  
From overseas: +61 2 4963 5150

#### FAX

From Australia 02-4963 6656  
From overseas + 61 2 4963 6656

#### EMAIL:

[changechampions@bigpond.com](mailto:changechampions@bigpond.com)

Your registration will be confirmed by email.

### 5. Delegate Cancellation Policy

A 50% refund will be offered for cancellations received before 9 September 2008. No refunds will be given after this date. However, you may nominate an alternative delegate to attend in your place.

I have read and understand the delegate cancellation policy.

\_\_\_\_\_ signed \_\_\_/\_\_\_/\_\_\_ date.

## Accommodation

### Accommodation at the Venue

Bayview Eden  
6 Queens Rd  
Melbourne VIC 3004  
<http://www.bayviewhotels.com>  
Ph: +61 3 9250 2222

### Rates

Room Only	\$180.00 per night
Room & 1 Breakfast	\$200.00 per night
Room & 2 Breakfasts	\$220.00 per night

To make an accommodation booking at Bayview Eden, download the booking form from <http://www.changechampions>

Other Suggestions for Accommodation – please contact the hotels directly for rates

### Darling Towers Apartments

23 Queens Rd  
Melbourne VIC 3004  
Ph: +61 3 9867 5200  
<http://www.darlingtowers.com.au>

### Bayview on the Park

52 Queens Rd  
Melbourne VIC 3004  
Ph: +613 9243 9999  
<http://www.bayviewhotels.com>