Improving the Delivery of Palliative Care for Older People
Improving the Delivery of Palliative Care for Older People

**SEMINAR AIMS**

- To share information about client/patient focused systems, strategies, policies etc that have improved access to and the delivery of palliative care for older people in various settings eg acute, community, residential, primary and home care.
- To showcase models of service delivery, models of care with demonstrated outcomes that have focussed on improving access to and the delivery of palliative care for older people/carers.
- To share the lessons learnt through the implementation of innovations programs/projects and in particular, those that are client/carer focussed that have resulted in improvements to the delivery of palliative services.

**AUDIENCE**

- Aged care/nursing home/residential care facilities/hospices
- Academics and researchers
- Clinical managers and clinicians
- Clinical ethicists
- Community organizations/service providers
- Discharge planners, continuing care and patient liaison co-ordinators
- Divisions of General Practice
- Clinical educators and trainers
- General practitioners
- Health administrators and consultants
- Health service executives including Directors of Medical/Clinical Services/Nursing/Allied Health and other senior managers
- Policy makers
- Private health
- Program managers with an interest in practice and quality improvement

**CHANGE CHAMPIONS**

Change Champions delivers practical, high quality toolkit seminars that address clinical management issues faced by front line health professionals. The Change Champions team has 16 years work experience in the health sector and 8 years experience in events design and production.

Our commitment is to support leadership, innovative thinking, creativity and the sharing of great ideas in healthcare delivery. Our registration fees are affordably priced. We also organize conferences, seminars and workshops for health sector clients.

Change Champions P/L
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Fax: +61 2 4963 2050
Web: http://www.changechampions.com.au
ABN 67 093 954 413

15-16 MARCH 2007
Sydney Masonic Centre, 66 Goulburn St, Sydney, NSW
Wednesday 14 March 2007

19.00-20.30  Registration
First floor, Sydney Masonic Centre

Thursday 15 March 2007

7.15-8.40  Registration
Tea and Coffee

Session 1  Improving Palliative Care for Older People: the big picture
Grand Lodge Amphitheatre

8.30-8.35  Welcome and Housekeeping
Ms Char Weeks
Managing Director
Change Champions P/L

8.35-9.10  The National Palliative Care Strategy: Achievements and challenges
Ms Linda Powell
Assistant Secretary, Chronic Disease and Palliative Care
Australian Government Department of Health and Ageing

9.10-9.45  Integrating Palliative Care In Aged Care: yesterday, today and tomorrow
Prof Margaret O’Connor AM
President Palliative Care Australia
Vivian Bullwinkel Chair in Nursing, Palliative Care
School of Nursing, Monash University, VIC

9.45-10.45  End of Life Care - the UK strategy
Mr Les Storey
National Lead
(PPC), End of Life Care Program
Principal Lecturer
University of Central Lancashire, UK

10.45-11.00  Questions to speakers

11.00-11.30  Morning Tea
Session 2  Improving Service Delivery

11.30-11.50  Nursing home referrals to Central Sydney Palliative Care Service (CSPCS): 2001 to 2006
Dr Paul Glare
Head, Palliative Care, Sydney Cancer Centre
Royal Prince Alfred Hospital, NSW
And
K Clark, R Moses, C Lau, Sydney Cancer Centre
Royal Prince Alfred Hospital, NSW

11.50-12.10  Northern New England Palliative Care Planning (3 year) Project
Ms Penny Abbington-Blanch
Project Co-ordinator
HN McLean Memorial Village, NSW
And
Mr Paul Cook, CEO, HN McLean Memorial Village, NSW
Ms Debbie McCowen, Corporate Services Manager, HN McLean Memorial Village, NSW

12.10-12.30  Palliative care across the continuum - making a difference
Ms Marg Adams
Clinical Nurse Consultant
The Prince Charles Hospital Health Service District
Community Palliative Care Consultancy Service
And
Ms Toni Bradley
Nurse Unit Manager – Palliative Care Unit
The Prince Charles Hospital, QLD

12.30-12.45  Questions to speakers

12.45-13.45  Lunch

Session 2A  Improving Quality 1
Banquet Hall

11.30-11.50  Improving Access to Quality Palliative Care Services
Ms Trish Turner
Portfolio Manager Palliative Care and Health of Older People
Nelson Marlborough District Health Board Planning & Funding Team, NZ
And
Alan McIntosh, Project Manager, Nelson Marlborough District Health Board, NZ
Jenny Black, Manager, Marlborough Community Hospice, NZ
Bev Parkes CEO, Nelson Region Hospice, NZ
Mary Daubney, Clinical Nurse Leader(CNL) District Nursing Nelson, NZ
Brenda McAlpine CNL, Marlborough Community Nursing, NZ
Lorraine Eade, Acting Maori Health Portfolio Manager NMDHB, NZ
Improving the Delivery of Palliative Care for Older People

11.50-12.10 Improving palliative care for elderly people through an integrated care pathway (ICP) approach
Ms Jill Main
Project Lead – Supportive Care Pathway
and
Claire Whittle, Dr Jonathan Treml, Dr Alistair Main
Pan Birmingham Palliative Care Network, Birmingham, UK

12.10-12.30 End of life clinical pathway pilot in two aged care facilities
Ms Julie Griffin
Program Officer
South East NSW Division of General Practice, NSW

12.30-12.50 Now you’re talking my language
Ms Penny Roe
Project Officer
ACH Group, SA

12.50-13.05 Questions to speakers

13.05-13.45 Lunch

Session 3 Models of Service Delivery/Care -
Grand Lodge Amphitheatre

13.45-14.05 RECIPE - An alternative model of care
Ms Meg Storer
Clinical Nurse Consultant
and
Penny Harvey, Rohan Wee, Kerri Halley, Trudi Howell, Sarah Labuc, Rabin Sinnappu, Kwang Lim
RECIPE Program
The Northern Hospital, VIC

14.05-14.25 Working in partnership to provide death with dignity
Ms Fran Gore
Clinical Nurse Consultant/Team Leader
Mercy Western Palliative Care, VIC
and
Ms Lauris Lane
Clinical Nurse Specialist
Westhaven Community Footscray, VIC

14.25-14.45 New models for delivery of palliative care in haematology
Dr Pam McGrath
NH&MRC Senior Research Fellow
International Program of Psycho-Social Health Research (IPP-SHR)
Central Queensland University, QLD
and
H Holewa, IPP-SHR, Central Queensland University, QLD
Dr David Joske, Sir Charles Gairdner Hospital, WA
and
B Martin IPP-SHR, Central Queensland University, QLD
### Improving the Delivery of Palliative Care for Older People

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<th>Time</th>
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<td>13.45-14.05</td>
<td>Linking the parts: articulating the role of consultant palliative care nurses in acute hospitals</td>
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<td>Prof Margaret O’Connor</td>
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<td>Monash University, VIC</td>
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<td>Ms Kaye Walsh</td>
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<td>Palliative Care Nurse Consultant</td>
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<td>14.05-14.25</td>
<td>Can nursing secondment to a hospital palliative care team provide staff and service development for a generalist workforce?</td>
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<td>Ms Annie Murray</td>
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<td>Palliative Care Nurse Specialist</td>
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<td>Auckland City Hospital, Auckland, NZ.</td>
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<td>14.25-14.45</td>
<td>Rural and metropolitan education partnership in progress</td>
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<td>Ms Alison Dawes</td>
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<td>Greater Western Area Health Service, NSW</td>
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<td>and</td>
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<td>Ms Joan Ryan</td>
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<td>Palliative Care Department</td>
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<td>Royal Prince Alfred Hospital, NSW</td>
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<td>14.45-15.05</td>
<td>Presenting “The Wellness Assessment Tool”</td>
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<td>Ms Julie Farmer</td>
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<td>Afternoon tea</td>
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Session 4  
Skills Development  
Grand Lodge Amphitheatre  

15.40-16.00  
The Careworker Palliative Care Project  
Ms Julie Black  
Executive Director – RDNS Foundation  
and  
M Hegarty and K Armstrong  

16.00-16.20  
FRIEND or FOE: Using education to advance palliative care for older people  
Ms Noreen McLoughlin  
Health Professional Services, Invercargill, NZ  

16.20-16.40  
Palliative care provision: the development of a network group  
Ms Bridget Marshall  
Palliative Care Nurse Educator  
Arohanui Hospice, Palmerston North, NZ  

16.40-17.00  
Forging Links: Making a Chain  
Ms Trish Sutton  
Acting Nurse Manager  
and  
Mr Stephen Brooker  
Clinical Nurse Consultant  
Palliative Care Community and Day Centre  
Sacred Heart Centre, St Vincent’s Hospital, NSW  

17.00-17.15  
Questions to speakers  

17.15  
Close  

Session 4A  
Focussing on the person  
Banquet Hall  

15.40-16.00  
Immigration, culture and palliative care  
Ms Maria Petrohilos  
Psychologist  
and  
Ms Lillian Augoustinos  
Social Worker  
Greek Welfare Centre, NSW
16.00-16.20 Another form to fill in! Hospice clients and workers experience with questionnaires
Dr Pam McGrath
NH&MRC Senior Research Fellow
International Program of Psycho-Social Health Research (IPP-SHR)
Central Queensland University, QLD

16.20-16.40 Policy and nursing practice in residential aged care
Three case studies - the lessons learnt!
Dr Anita De Bellis
Lecturer, School of Nursing and Midwifery
Faculty of Health Sciences
Flinders University, SA

16.40-17.00 Achieving person centred care for older people:
Champions for Older People Programme
Mr Andrew Hindle
Lead for Older People Services
Workforce and Deanery, NHS West Midlands, UK

17.00-17.15 Questions to speakers

17.15 Close

Conference Dinner

7.00 for 7.30pm Banquet Hall, Sydney Masonic Centre
Casual Dress
Friday 16 March 2007

8.00-8.55  Registration
Tea and Coffee

Session 5

Grand Lodge Amphitheatre

8.25-8.30  Welcome and Housekeeping
Ms Char Weeks
Managing Director
Change Champions P/L

8.30-9.00  I'm too old to die
Dr Juli Moran
Consultant Geriatrician
Maroondah Hospital, VIC

9.00-9.35  Palliative care: accepted for cancer, resisted for dementia. Why, and what should we do?
Prof Jennifer Abbey
Professor of Nursing (Aged Care)
Queensland University of Technology School of Nursing
The Prince Charles Hospital Health Service District, QLD

9.35-10.15  Do we know what they want and do we respect it?
Dr Bill Silvester
Director, Respecting Patient Choices Program
Intensive Care Specialist
Austin Health, VIC

10.15-10.45  Presentation title to be advised
Ms Kate Carnell
Chief Executive Officer
Australian Divisions of General Practice

10.45-11.00  Questions to speakers

11.00-11.25  Morning tea

Session 6

Palliative Care for Dementia
Grand Lodge Amphitheatre

11.25-11.45  A partnership approach for end-stage dementia
A/Prof Rosalie Hudson
Honorary Senior Fellow, School of Nursing
University of Melbourne, VIC
<table>
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<tr>
<th>Time</th>
<th>Session Title</th>
<th>Presenters</th>
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| 11.45-12.05 | Improving palliative care for dementia: lessons learnt from the “Palliative Care Dementia Interface” project | Prof Esther Chang  
School of Nursing, College of Health & Science,  
University of Western Sydney, NSW  
and  
Ms Megan Luhr  
Clinical Nurse Consultant Palliative Care  
Sydney West Area Health Service, NSW  
and  
Ms Sally Easterbrook  
Project Officer, Dementia Palliative Care Projects  
Sydney West Area Health Service, Governor Phillip Campus, NSW |
| 12.05-12.25 | Advance Care planning in residential care for patients with advanced dementia | Ms Anne Meller  
Clinical Nurse Consultant  
Chronic Care, Post Aged Care Service (PACS)  
Prince of Wales Hospital, NSW |
| 12.25-12.45 | Ethical issues in end stage dementia | A/Prof Rosalie Hudson  
Honorary Senior Fellow, School of Nursing  
University of Melbourne, VIC |
| 12.45-13.00 | Questions to speakers |  |
| 13.00-13.50 | Lunch |  |

**Session 6A**  
**Care in the Community**  
Banquet Hall

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<th>Time</th>
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| 11.45-11.45 | Integrating a Palliative Approach in Aged Care: The General Practitioner’s Perspective | Ms Jane Phillips  
Rural Palliative Care Project Coordinator,  
Mid North Coast (NSW) Division of General Practice  
and PM Davidson, S Willcock and D Ellis |
| 11.45-12.05 | Insights from a community based palliative care project working to enhance psychosocial and spiritual care in Residential Aged Care Facilities | Mr Stewart Clarke  
Social Worker and Coordinator, SES PIAC PROJECT  
Sacred Heart Palliative Care Service, NSW |
12.05-12.25  The Connection Program
Ms Rejane LeGrange
Care Manager of The Village, Inglewood
Brightwater Care Group, WA

12.25-12.45  There’s no place like home: Challenges in practical support for home-based palliative carers
Ms Britt Granath
Senior Policy Analyst, Health Strategies
The Cancer Council, NSW

12.45-13.00  Questions to speakers

13.00-13.50  Lunch

Session 7  Families and Carers
Grand Lodge Amphitheatre

13.50-14.10  Chum House Day Hospice: supporting palliative care clients and their carers within a social model of health
Mr Eric Kelly
Day Hospice Coordinator
Bendigo Health, VIC

14.10-14.30  A family meeting approach to psychosocial/spiritual care of palliative patients and their families
Ms Heather Tan
PhD Candidate
Discipline of General Practice
University of Adelaide, SA

14.30-14.50  ‘Directing the Journey’: Support guidelines for families in residential care
Ms Lyn Burns
Care Manager
Mary Doyle Trust Life-Care, Hawkes Bay, NZ

14.50-15.10  Questions to speakers

15.10-15.35  Afternoon Tea
### Session 7A  Respecting Patients and Supporting Carers
**Banquet Hall**

#### 13.50-14.10
**Letter on future care**
- **Dr Helen Herz**  
  Palliative Medicine  
  Calvary Health Care Sydney and St Vincents Hospital, NSW  
  Staff Specialist, Palliative Medicine, Calvary Health Care Sydney, NSW

#### 14.10-14.30
**Please don’t discuss death or it will happen!!!!!!**
- **Ms Apryl Huglin**  
  and  
- **Ms Pip Bourke**  
  Acting Manager Healthy @ Home  
  Care Coordinator Healthy @ Home  
  Whitehorse Division of General Practice, VIC

#### 14.30-14.50
**A holistic approach to palliative care**
- **Ms Sandra Lansdown**  
  Registered Nurse  
  Assessment, Treatment and Rehabilitation Ward  
  Wanganui Hospital, NZ

#### 14.50-15.10
**Questions to speakers**

#### 15.10-15.35
**Afternoon Tea**

### Session 8  Clinical Care and Quality of Life
**Grand Lodge Amphitheatre**

#### 15.35-15.55
**Syringe Drivers In Aged Care Facilities: Is it Possible?**
- **Ms Marilyn Chapple**  
  Director of Nursing  
  Rosanna Views Aged Care Facility, Professional Aged Care Enterprises, VIC  
  Ms Ann Dewey  
  Clinical Coordinator  
  San Carlo Home For The Aged, VIC  
  Working Group: Julie Paul, Stuart Buse, Marilyn Chapple, Ann Dewey, Tina Doye, Emma Hall, Denise Heggarty, Karen Jackson, Eileen Keilty, Glenda Kelso, Michelle Penson, Marree Vinnicombe

#### 15.55-16.15
**The case of “Leaky Legs” - where palliative nutrition support for end-stage heart failure involved dietary restriction**
- **Ms Jean Reid**  
  Dietitian  
  Camden Hospital, Sydney South West Area Health Service, NSW
16.15-16.35  Does nutritional status or nutritional symptoms correlate with quality of life in palliative care patients?
Ms Jodie Bennett
Clinical Dietitian
Calvary Health Care Sydney, NSW
and
Perryn Carroll, Masters of Nutrition and Dietetics Student, University of Sydney, NSW
Peter Petocz, Statistician, Department of Statistics, Macquarie University, NSW

16.35-16.55  Questions to speakers

16.55  Close

Session 8A  Improving Quality - 2
Banquet Hall

15.35-15.55  The Missing Link
Mrs Yvonne Richards
RN Div 1
St Johns Village Inc, VIC

15.55-16.15  Building a foundation for change: LCP implementation
Ms Stephanie Ash
Palliative Care Co-ordinator
and
Ms Bridget Marshall
Palliative Care Nurse Educator
Arohanui Hospice, Palmerston North, NZ

16.15-16.35  Making the difference
Anne Morgan
Palliative Care Nurse Consultant Oncology Services
and
Dr Kate Grundy
Palliative Medicine Physician
and Clinical Director
Christchurch Hospital Palliative Care Service NZ

16.35-16.50  Questions to speakers

16.50  Close
### Delegate No. 1 Details

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15-16 MARCH 2007
Sydney Masonic Centre
66 Goulburn St, Sydney, NSW

SECTION A - FULL TWO DAY REGISTRATION

Early Bird:  Full two days before 14 February 2007  $660.00 (inc GST) per person  $________

Standard:  Full two days after 14 February 2007  $770.00 (inc GST) per person  $________

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Complete this section if you are only able to attend one day of the seminar (does not include welcome reception)

Early Bird:  One day only registration before 14 February 2007  $385.00 (inc GST) per person  $________

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I will be attending on
☐ 15 March 2007  ☑ 16 March 2007

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7.00 for 7.30 at Sydney Masonic Centre (canapés and three course meal with beverages and entertainment during the meal)  @ $120.00 per person (inc GST)  $________

I require _______ (write in the number) additional seats at the dinner @$120.00 (inc GST) per person

______________X @ $120.00  $________

TOTAL PAYABLE  $________

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Improving the Delivery of Palliative Care for Older People

15-16 MARCH 2007
Sydney Masonic Centre
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Improving the Delivery of Palliative Care for Older People

15-16 MARCH 2007
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Phone the Change Champions office on 02 4963 5150

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A 50% refund will be offered for cancellations received before 15 February 2007.
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However, an alternative delegate name may be submitted.
All cancellations must be made in writing to the Change Champions office.
I have read and understand the cancellation policy.
Signed:

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