INNOVATIONS IN THE MANAGEMENT OF COGNITIVE IMPAIRMENT IN OLDER AUSTRALIANS

Thursday 6 and Friday 7 April 2006
Rydges Jamison Sydney,
11 Jamison St, Sydney NSW
Innovations in the management of cognitive impairment in older Australians

Thursday 6 and Friday 7 April 2006
RYDGES JAMISON SYDNEY, 11 JAMISON ST, SYDNEY NSW

Preliminary Program

Please note that this program is subject to change.

SEMINAR AIMS

• To share information about initiatives, structures, systems and strategies that have been successfully implemented in the clinical management of cognitive impairment in older Australians.

• To showcase models of care, models of service delivery, tools and resources that have been effective in improving the clinical management of older patients with cognitive impairment.

AUDIENCE

• Academics
• Aged and residential care providers
• Allied health professionals
• CALD liaison officers
• Care co-ordinators
• Clinicians and clinical managers
• Clinical governance professionals
• Community organizations
• Consumers/carers
• Divisions of General Practice
• General practitioners
• Health consultants
• Health service executives/heads of departments/planners
• Non government organizations with an interest in consumer issues/dementia care
• Occupational health and safety professionals
• Patient flow and bed managers
• Patient safety and transfer managers
• Policy makers and other representatives of governments
• Private and public hospitals
• Quality and safety professionals
• Risk managers

ABOUT CHANGE CHAMPIONS

Change Champions delivers practical, high quality toolkit seminars that address clinical management issues faced by front line health professionals. The Change Champions team has 16 years work experience in the health sector and 8 years experience in events design and production.

Our commitment is to support leadership, innovative thinking, creativity and the sharing of great ideas in healthcare delivery. Our registration fees are affordably priced. We also organize conferences, seminars and workshops for health sector clients.

Change Champions provides discounts to members of the Australian Resource Centre for Healthcare Innovations*

*A current ARCHI membership number must be provided to obtain a discount. No discounts will be given retrospectively.

Change Champions P/L
PO Box 668
The Junction NSW 2291
Email: change.champions@bigpond.com
Ph: +61 2 49 60 85 76
Fax: +61 2 49 60 85 71
Web: http://www.changechampions.com.au
ABN 67 093 954 413
Thursday 6 April 2006

8.45-8.55  Welcome and housekeeping
Ms Char Weeks  
Managing Director  
Change Champions P/L

8.55-9.25  Opening Address
The challenge of cognitive impairment for an older Australia
Prof Henry Brodaty  
Academic Department of Psychogeriatrics, University of NSW  
Euroa Centre, Prince of Wales Hospital, NSW

9.25-9.55  Keynote Address
Preventing Cognitive Impairment in older Australians – what research tells us
A/Prof Susan Kurrle  
Curran Chair in Health Care of Older People  
Faculty of Medicine, University of Sydney  
Director and Senior Staff Specialist  
Rehabilitation and Aged Care Service, Hornsby Ku-ring-gai Hospital, NSW

9.55-10.25  Keynote Address
From Caring to Sharing to Enabling: Innovation in Cognitive A.I.M.S.
A/Prof Marc Budge  
President, Alzheimers Australia  
Director of Geriatric Medicine, Department of Geriatric Medicine  
The Canberra Hospital, ACT

10.25-10.40  Questions to speakers

10.40-11.10  Morning tea

Session 1  Clinical Re-design and Improving Service Delivery

11.10-11.40  Invited presentation
SAFTE Care – Cognitive impairment, decision making and care planning in the primary care-hospital interface.
Clinical Redesign Program, NSW Health
Dr Tuly Rosenfeld  
Consultant, Health Services Performance Improvement Branch  
NSW Department of Health  
Senior Specialist Geriatrician, Prince of Wales Hospital, NSW  
Conjoint Senior Lecturer Medicine, University of NSW
Innovations in the management of cognitive impairment in older Australians

11.40-12.10
Invited presentation
Presentation title to be advised
Dr Mary-Ann Kulh
Staff Specialist in Geriatric Medicine
Department of Geriatric Medicine, The Canberra Hospital, ACT
Lecturer, ANU Medical School, ACT

12.10-12.40
Invited presentation
Out-of-hours behavioural emergencies in hospitalised elderly
Dr David Lie
Director, Aged Care Mental Health Service
Geriatric & Rehabilitation Unit (GARU)
Princess Alexandra Hospital, QLD

12.40-12.55
Questions to speakers

12.55-13.45
Lunch

Session 1 A
Workshop A

11.10-12.55
Utilising an algorithm to support nursing care of older people with disturbed behaviours
Ms Julia Poole
Clinical Nurse Consultant in Aged Care
Department of Aged Care & Rehabilitation Medicine
Royal North Shore Hospital, NSW

12.55-13.45
Lunch

Session 2
Identification, Assessment and Management of Cognitive Impairment

13.45-14.05
Prevalence and assessment of cognitive impairment in hospitalized older adults within the rehabilitation setting
Dr Kristen Pearson
Geriatrician
Maroondah Hospital, VIC
and
Ms Amy Padgham
Co-ordinator EH Active Ageing Project
Peter James Centre, VIC

14.05-14.25
Collaborative Aged Care Assessment Team
Cognitive Assessments
Mr Ray Kennedy
CNC Community Aged Care ACAT
Liverpool/Fairfield ACAT
South Western Sydney Area Health Service, NSW
Innovations in the management of cognitive impairment in older Australians

14.25-14.45  Clinical management of an additional cognitive impairment: working with older Australians who are already living with a disability of the mind  
Ms Pam Quick  
Aged Care Assessment Team Social Worker & Bereavement Counsellor  
Lower North Health, SA

14.45-15.05  Aged Care Assessment Team Referral Mechanism  
Ms Kristine Evans  
Nurse Unit Manager/Team Leader  
Liverpool/Fairfield ACAT  
South Western Sydney Area Health Service, NSW

15.05-15.20  Questions to Speakers

15.20-15.50  Afternoon Tea

Session 2A  Workshop B

13.45-15.20  “Simply Social”. Enhancing social management skills in dementia care  
Ms Wendy Reilly  
Clinical Nurse Specialist, Dementia Care  
Carunya  
South Eastern Sydney and Illawarra Health Service, NSW  
and  
Ms Dianne Wikstrom  
Clinical Nurse Consultant in Psychogeriatrics  
Port Kembla Hospital  
South Eastern Sydney and Illawarra Health Service, NSW

15.20-15.50  Afternoon Tea

Session 3  Models of care/models of service delivery – community and residential care

15.50-16.10  Model of practical support service to assist challenging behaviours of dementia for community or residential caring solutions  
Ms Judith Basile  
Behavioural Nurse Consultant  
Bundoora Extended Care Centre, Northern Health, VIC
Innovations in the management of cognitive impairment in older Australians

16.10-16.30  

A multidisciplinary outreach approach to behavioural management of dementia in a rural area  

Ms Isabel Baker  
Psychogeriatric CNC  
Dementia Behaviour Assessment and Management Service  
Aged Care Advisory Service, Wagga Wagga, NSW  
and  
Dr Max Graffen  
Geriatrician  
Greater Southern Area Health Service, NSW

16.30-16.50  

Dementia Palliative Care: evaluation of a model of care trialled in a residential aged care facility  

Ms Megan Luhr  
CNC Palliative Care  
and  
Mr Hugh Barber  
CNC Psychogeriatrics  
Primary Care & Community Health Network  
Sydney West Area Health Service (Western Cluster), NSW on behalf of the Palliative Care Dementia Interface Project Investigators

16.50-17.05  

Questions to speakers

17.05  

Close

Friday 7 April 2006

8.30-8.35  

Welcome and housekeeping  

Ms Char Weeks  
Managing Director  
Change Champions P/L

8.35-9.05  

“Thrival” or just survival – which do we want?  

Ms Virginia Moore  
Dementia Services Consultant  
Brightwater Care Group, WA

9.05-9.50  

Invited Presentation  

Dementia Care – The Adards way  

Dr John Tooth  
Director of Clinical Services  
and  
Mr Alan Bester  
Director of Nursing  
Adards Nursing Home, TAS
Innovations in the management of cognitive impairment in older Australians

9.50-10.10  Meeting the challenge of dementia in the acute care setting:
The Townsville Hospital experience
Ms Desley Joyce
Clinical Nurse Consultant Elder Care
and
Ms Maureen Pitt
Nurse Unit Manager, CCU/CCL/CIU
The Townsville Hospital

10.10-10.30  “Spreading the Word”. The NSW Psychogeriatric Unit (PGU)
model of workforce development
Ms Dianne Wikstrom
Clinical Nurse Consultant in Psychogeriatrics
Port Kembla Hospital
South Eastern Sydney and Illawarra Area Health Service, NSW

10.30-10.45 Questions to speakers

10.45-11.10  Morning tea

Session 4  Improving Clinical Practice and Workforce Development

11.10-11.30  Dementia Care in Hospitals Program
Ms Meredith Theobald
Cognition Clinical Nurse Consultant
Ballarat Health Services, VIC
and Dr Mark Yates and Mr Ian McIntyre

11.30-11.50  Reflections on an intervention to implement systematic risk
assessment for delirium in acute care
Ms Joan Stewart
Clinical Nurse Consultant Delirium and Dementia Care
Westmead Hospital, NSW

11.50-12.10  Delirium! An outcome to be avoided
Ms Anne Moehead
Clinical Nurse Consultant Dementia Care
North Coast Area Health Service, NSW

12.10-12.30  What shall we do? A case study of a Vietnamese lady
Ms Se Ok Ohr
Multicultural Health Liaison Officer, Multicultural Health Unit
Hunter New England Area Health Service, NSW

12.30-12.50  Lifestyle approach to continuous improvement in dementia care
Ms Jenni Marshall
Dementia Specialist
RSL Care, RSL (QLD) War Veteran’s Homes Ltd, QLD
and Mary-Anne Bowyer, Darolyn Harris, Karen Constant
12.50-13.05 Questions to Speakers
13.05-13.50 Lunch

Session 4 A
11.10-13.05 Making behaviour management as easy as ABC!
   Ms Angela Crombie
   Research Officer/Nurse Educator
   Bendigo Health, VIC
   and
   Dr Tony Snell
   Director – Aged Care Services
   Royal Melbourne Hospital, VIC
   and
   Ms Joy Boyd
   Psychiatric Consultancy Liaison Nurse
   Bendigo Health, VIC

13.05-13.50 Lunch

Session 5
13.50-14.20 Supporting carers
   Keynote Address
   What do Carers want?
   Ms Sue Pieters-Hawke
   Carer, NSW

14.20-14.40 “Carunya” Dementia Day Therapy – more than just respite
   Ms Jenny Kempster
   Illawarra Community Rehabilitation and Aged Care Services Manager
   Port Kembla Hospital
   South Eastern Sydney and Illawarra Area Health Service, NSW

14.40-15.00 Using an introductory service for day centre attendance:
   don’t rush the relationship
   Ms Kathryn Goozee
   Clinical Nurse Consultant – Aged Care
   and
   Ms Kate Fredericks
   Registered Nurse
   Hornsby Ku-ring-gai Hospital, NSW

15.00-15.20 Benefits of supportive counseling for people with a recent
diagnosis of dementia
   Ms Diana Golvers
   Clinical Psychologist/Service Manager
   Central Dementia Service, CARE, Hunter New England Area Health Service, NSW
Innovations in the management of cognitive impairment in older Australians

15.20-15.35  Questions to speakers
15.35-15.55  Afternoon tea

Session 6  Models of care/models of service delivery
15.55-16.15  Developing Dementia Services in a rural community
              Mr David Nielsen
              Dementia Clinical Nurse Consultant
              Queanbeyan Community Health Centre, NSW
              and
              Ms Karen McGregor
              Respite Care Co-ordinator
              Queanbeyan City Council, NSW

16.15-16.35  Information technology as an enabler for older Australians: where we are now and where we can go in the future
              Dr George Margelis
              Industry Development Manager
              Digital Health Group, Intel Australia P/L

16.35-16.55  Questions to speakers
16.55  Close
Innovations in the management of cognitive impairment in older Australians

Workshop Abstracts

WORKSHOP A

Utilising an algorithm to support nursing care of older people with disturbed behaviours

Ms Julia Poole

Clinical Nurse Consultant in Aged Care
Department of Aged Care & Rehabilitation Medicine
Royal North Shore Hospital, NSW

Older people may exhibit behavioural changes in response to illness. This can present challenges for staff and may lead to inaccurate presumptions and care leading to poor outcomes including accelerated cognitive decline. Using a case study from the audience, this workshop aims to demonstrate to participants a method of unraveling care options. This will be based on the Poole’s Algorithm model in the form of three education/resource packages which have been published to assist in the prioritisation, assessment and management of aggression, delirium, depression or other mental disorders and dementia.

A study to evaluate the response of aged care facility staff to this program showed improvements in attitudes and practice. One hundred and four senior staff participated in train-the-trainer programs and then returned pre and post knowledge evaluation questionnaires for 190 of their own staff that they had trained over a three month period. Thirty six of those trainers then participated in focus group interviews.

Questionnaire analysis showed statistically significant improvements in overall knowledge for the trainers ($\chi^2 = 71.1, 1$ df, $P <0.001$) with 19.2% correct answers pre education and 91.3% correct afterwards. The staff trained by the trainers improved from 12.6% to 59.5% correct post education, a difference of 46.8% ($\chi^2 = 72.37, 1$ df, $P <0.001$) (95% CI 38.7-55.00). Notably, the trainers’ recognition of delirium as a cause for disturbed behaviour improved from 39.4% to 97.1% and the staff from 24.7% to 75.2%.

Recommendations were made for ongoing use of this program and the replication of this study in the acute and community sectors.

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Innovations in the management of cognitive impairment in older Australians

WORKSHOP B
“Simply Social”. Enhancing social management skills in dementia care

Ms Wendy Reilly
Clinical Nurse Specialist, Dementia Care, Carunya
South Eastern Sydney and Illawarra Health Service, NSW

Ms Dianne Wikstrom
Clinical Nurse Consultant in Psychogeriatrics,
Port Kembla Hospital, South Eastern Sydney and Illawarra Health Service, NSW

Increasingly, staff who care for people with dementia are being confronted with less time for caring and greater expectations to manage challenging behaviours.

Challenging behaviours emanate from unmet needs. One such need is the desire for occupation; to be ‘busy’.

All individuals benefit from activity that promotes social interaction, and people living with dementia are no exception. They need to be challenged with tasks appropriate to their current skills and cognitive ability, to promote self worth and to enhance self esteem.

This workshop will focus on individual person centred care, social management strategies and sensory enhancement to:-

- Challenge your preconceived ideas on the capabilities and potential of people with dementia
- Present a range of activities suitable for people living with dementia and challenging behaviours
- Show you how to utilize everyday inexpensive items to engage people with dementia
- Demonstrate the implementation of activities ‘on the run’ and ‘activity grazing’
- Demonstrate implementation of the bio psycho social model of care
- Stimulate lateral thinking, and
- Increase your confidence in implementing successful strategies in the care of people living with dementia
WORKSHOP C
Making behaviour management as easy as ABC!

Ms Angela Crombie
Research Officer/Nurse Educator, Bendigo Health, VIC

Dr Tony Snell
Director – Aged Care Services, Royal Melbourne Hospital, VIC

Ms Joy Boyd
Psychiatric Consultancy Liaison Nurse, Bendigo Health, VIC

The burgeoning dementia epidemic makes it essential that those who care for people with behavioural and psychological symptoms of dementia (BPSD) are provided with the skills and resources necessary to manage these symptoms in the most effective way, and in accordance with evidence-based best practice. There has been significant interest in our application of the ABC behaviour management model to people who display BPSD, which are exhibited by up to 90% of people with dementia. Both research and anecdotal evidence, suggests that these symptoms are often poorly managed.

The objectives of the proposed workshop include:

• Provide participants with information on the ABC behaviour management model
• Show participants how the model can be applied in different practice settings and with different behavioural and psychological symptoms of dementia
• Provide participants with information on the causes of BPSD
• Use case scenarios to help describe specific strategies with which different behaviours and symptoms can be managed
• Promote effective communication strategies, including the “Do’s & Don’ts of Communication” and the “Ten Top Tips for Dealing with People who have Dementia.”

Outcomes for participants include:

• A CDROM that describes evidence-based best practice management of people with BPSD
• Increased knowledge of evidence-based best practice management of people with BPSD
• Increased confidence and practical strategies to implement best practice behaviour management in their own facility.
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Innovations in the management of cognitive impairment in older Australians

Thursday 6 and Friday 7 April 2006
RYDGES JAMISON SYDNEY, 11 JAMISON ST, SYDNEY NSW

SECTION A – FULL TWO DAY REGISTRATIONS INCLUDING ALL WORKSHOPS

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**REGISTER FOR ONE DAY ONLY**

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I will be attending on ___________________________ (write in day and date)

Please indicate which workshops you would like to attend

- [ ] Workshop A: Utilising an algorithm
- [ ] Workshop B: Simply Social
- [ ] Workshop C: Behaviour management - ABC

**SECTION B - WORKSHOPS ONLY**

Register One or More Workshops Only Registrations (no access to main seminar)

**6 April 2006**

- [ ] Workshop A: Utilising an algorithm $125 inc GST
- [ ] Workshop B: Simply Social $125 inc GST

**7 April 2006**

- [ ] Workshop C: Behaviour management – ABC $125 inc GST

**SECTION C – CLAIM A DISCOUNT FOR YOUR ARCHI MEMBERSHIP**

Discounts for ARCHI members on seminar and workshop registrations only (no discounts for audio CDs)

- 10% discount for ARCHI members - $________________
- You must provide a valid membership number to claim the discount.
- There are no retrospective discounts

Membership number ____________________________

**SECTION D – Purchase audio CD (main seminar presentations only – no workshops)**

Seminar on CD with including audio & PowerPoint presentations $66.00 (inc GST)

TOTAL PAYABLE $________________
Innovations in the management of cognitive impairment in older Australians

Thursday 6 and Friday 7 April 2006
RYDGES JAMISON SYDNEY, 11 JAMISON ST, SYDNEY NSW

Payment Details
On payment, this form becomes a tax invoice
ABN 67 093 954 413

Credit Card
Cardholders Name (PLEASE PRINT)

Bankcard    MasterCard    Visa ONLY

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Expiry Date:

Cardholder’s Signature: Date:

Cheque/money order
Please make cheques/money orders for your registration only payable to Change Champions P/L

EFTPOS Bank: Westpac
BSB: 033 058
Account No: 198 743
Ref No: Cognitive Impairment (Your surname)

FORWARD YOUR REGISTRATION AND PAYMENT TO:
MAIL: Change Champions P/L
PO Box 668
The Junction NSW 2291

FAX: 02 4960 8571
From overseas: +61 2 4960 8571

Your registration will be confirmed by email.

Our Privacy Policy:
By registering for this seminar, relevant details will be held on a database by Change Champions. Information may also be made available to parties directly related to the seminar including sponsors and/or exhibitors. If you do not wish your information to be used in this manner, please advise us by email.

Change Champions may use demographic information provided by you for marketing purposes.

If you do not wish to receive marketing information, please check this box.

Delegate Cancellation Policy
A 50% refund will be offered for cancellations received before 6 March 2006.
No refunds will be given after this date; however, an alternative delegate name may be submitted.

All cancellations must be made in writing to the Change Champions office.

I have read and understand the cancellation policy

Signed
Innovations in the management of cognitive impairment in older Australians

Accommodation Form

Please photocopy form and use one form per person

Prof/Dr/Mr/Mrs/Ms/Miss: ____________________________

Surname: _______________________________________

Given Name/s: ___________________________________

Company/Organisation: ___________________________

Address: _______________________________________

State: ____________________________ Postcode: ______

Country: _______________________________________

Telephone: ____________________________

Facsimile: ____________________________

Email: _______________________________________

Accommodation at the venue

Rydges Jamison Sydney
11 Jamison St
Sydney NSW
Ph: 02 9696 2639

Parking
Rydges Jamison Sydney has 80 car spaces operated by Secure Parking.

The conference delegate rate is $29.00 per day (7am-7pm) if the parking ticket is validated by the hotel concierge.

Accommodation Nearby
Napoleon on Kent Apartments
219 Kent St (cnr Kent and Napoleon Sts)
Sydney NSW
Ph: 02 9299 5788
Innovations in the management of cognitive impairment in older Australians

Your Room (mark your choice by ticking the box below)

Rydges Jamison

- Deluxe King Room $239.00 per night
- Deluxe King Room with breakfast $264.00 per night
- Double room
- Twin room and I am sharing with (name of person)
- Smoking room Non smoking room

Napoleon on Kent
These rates for apartments are based on a minimum two night stay

- Studio only $170.00 per night
- One bedroom only $180.00 per night
- Additional person (on sofa bed) $10.00 per night

Accommodation Booking Details

Hotel Arrival – Day Date
Hotel Departure – Day Date
Do you require any special room requirements (ie disabled access etc)?

Payment Details
Accommodation can only be booked and paid for using a valid credit card. Do not send cheques for accommodation to Change Champions P/L

Please provide your credit card details below to secure your accommodation booking with the hotel and to make your payment on check out. Please note the credit card details provided will be passed onto the hotel selected. Change Champions does not process any payments for accommodation.

Cardholders Name (PLEASE PRINT)

Bankcard MasterCard Visa ONLY

Card No. ____________________________
Expire Date: ______________________

I give my permission for the accommodation booking and payment for accommodation for this delegate to be charged to my credit card.

Cardholder’s Signature: ____________________________ Date: ______________________
Accommodation bookings are confirmed by email. Please ensure that we have a correct email address.

**Accommodation Cancellation Declaration**
Accommodation has been reserved for delegates at the hotels listed. Special accommodation options are available for people with disabilities. Delegates requiring these facilities are encouraged to register early and all special requirements must be indicated under the ‘special requirements’ section of the accommodation booking form.

**Valid credit card details**
must accompany accommodation booking forms. All delegates are responsible for paying the entire balance of their account when checking out of the hotel. In some cases a deposit is also required upon check in at the hotel. Personal or company cheques will not be accepted unless prior arrangements have been made with the hotel concerned.

**Delegate Cancellation and Accommodation Alterations Policy**
Due to hotel requirements all bookings must be received by Change Champions by 20 March 2006. After this date bookings cannot be guaranteed. Alterations or cancellations of hotel accommodation must be made in writing to the Change Champions office by 20 March 2006. After that date changes may not be possible.

Cancellations less than 14 days from the reserved date may incur a penalty, at the discretion of the hotel and any such costs incurred are the delegate’s responsibility.

No shows may incur a penalty of not less than the charge for one night’s accommodation.

I have read and understand the cancellation policy

Signed:____________________________________

**Air Travel**
The Change Champions travel agent is

On King
461 King Street cnr Steel Street
Newcastle West NSW 2302
ABN 81 067 955 597

To book your air travel, phone the following Account Managers directly to arrange your flight booking:
Alissa Mills 02 4929 8668
Toll Free 1300 660 399 (Outside of Newcastle and Hunter Region)