

WHOSE CHALLENGING BEHAVIOURS.
MEETING THE NEEDS OF OLDER PEOPLE WITH DEMENTIA

PRELIMINARY PROGRAM

FOUR SEASONS HOTEL SYDNEY,
199 GEORGE ST,
SYDNEY, NSW AUSTRALIA

**THURSDAY 29 APRIL -
FRIDAY 30 APRIL 2010**

PRELIMINARY PROGRAM*

*Please note that this program is subject to change.
Please check <http://www.changechampions.com.au> for updates.

SEMINAR AIMS:

- To highlight strategies for managing behaviours that affect access to and the delivery of services/care for older people with dementia, including what works well and what doesn't work so well.
- To showcase patient centred approaches, models of service delivery/care/respice/support, tools and techniques, and other innovations that have been proven to be effective in managing behaviours that impact the care of older people with dementia.
- To demonstrate effective approaches to education and training for healthcare professionals to better enable them to delivery quality care for older people with dementia with challenging behaviour.

AUDIENCE

Any health professional who is involved in strategy development and implementation, management and or delivering care to older people with dementia where there is a concern about the patient/clients behaviour as it relates to the delivery of their care.

CHANGE CHAMPIONS P/L

Change Champions delivers practical, high quality toolkit seminars that showcase solutions for healthcare service delivery challenges.

Our commitment is to support leadership, innovative thinking, creativity and the sharing of great ideas in healthcare delivery.

FURTHER INFORMATION:

Change Champions P/L
PO Box 668
The Junction NSW
Phone: 02 9692 0533
Fax: 02 9518 6898
Email: info@changechampions.com.au
Web: www.changechampions.com.au

PRE-SEMINAR WORKSHOP

Wednesday 28 April 2010

9.00-13.00 **Master Class**
Responding to behavioural symptoms of dementia during
personal care activities

Presenters: **Robyn Attoe**
Lecturer in Behavioural and Psychological Symptom
Management, RPN, Academic Unit for Psychiatry of Old Age
The University of Melbourne, VIC

Alissa Westphal
Lecturer in Dementia Care, OT
Academic Unit for Psychiatry of Old Age
The University of Melbourne, VIC

Robyn Attoe is a registered psychiatric nurse with a graduate Diploma in Gerontology. She has worked extensively in the field of Age Psychiatry in a number of settings. She is currently working as a lecturer in behavioural and psychological symptoms of dementia in the Academic Unit of Old Age psychiatry University of Melbourne. She has conducted evaluative research with her colleague Alissa Westphal and has educated staff locally, interstate and internationally in the management of behavioural and psychological symptoms of dementia. She has won two awards for her contribution to Nursing. The St Vincent's Mental Health Nurse of the Year (2005) and the Victorian Nurse of the year in the field of mental health and Drugs in 2007. She also has published abstracts in the International Psycho geriatric Association Journal and presented numerous papers at local and international conferences relevant to the field.

Alissa Westphal is an accredited OT, currently completing a graduate diploma in applied statistics. She has extensive experience in the management of Behavioural in psychological symptoms of dementia. She is currently working as research assistant and lecturer in dementia care in the Academic Unit of old age Psychiatry, University of Melbourne. In 2003 she founded the Residential Support Program with her colleague Robyn Attoe which formed an integral part of providing expertise and management of BPSD in Residential Care settings. She has completed an honours research thesis entitled "The effects of a snoozelen environment on the well being of people with severe dementia". She has developed clinical guidelines for the use of non-pharmacological interventions in Dementia Care for use in Residential facilities. Developed services that aim to address identified service gaps for people with Dementia and mental illness by obtaining funding grants. She has undertaken evaluative clinical research using appropriate statistical analysis and presented results at local and international conferences. She has published abstracts in the International Psycho geriatric Association Journal.

Master Class Program Outline:

Personal care activities such as showering, dressing and toileting are the primary triggers for behavioural symptoms of dementia. The presence of these symptoms which include physical and verbal aggression and resistiveness place significant stress on caregivers who endeavour to meet the persons care needs. Understanding and effectively responding to these behaviours can be challenging for caregivers.

This workshop provides an overview of the assessment and management processes involved in understanding and responding to behavioural symptoms during personal care activities. Interactive learning methods, small group work and practice exercises will be used to explore and enhance the practical material discussed. Opportunities will be provided for networking with other attendees through sharing and discussing case studies, experiences and outcomes of strategies implemented.

PRE-SEMINAR WORKSHOP

Wednesday 28 April 2010

13.00-18.00 **Design Master Class**

Presenters: **Colm Cunningham**, Director of Operations
David McNair, Director of Lighting (by webinar)
The Dementia Services Development Centre, UK



Colm Cunningham is the director of operations of an internationally respected dementia organisation, which influences governments, politicians and civil servants in three continents. He is respected as an advisor on national and local policy on dementia as well as issues involving ageing populations. His passion is displayed in his proven track record in dementia research and authorship in international journals, books and government reports. Colm also has previous experience in regulation and management of voluntary sector organisations and in corporate governance in relation to Dementia Services Development Trust. Colm's excellent communication and media skills on a national and international level, enable him to engage audiences and stakeholders on the issues of dementia.

Audience:

Aged Care Managers, Architects/Aged Care Facility Designers and interested others

Objectives:

- To provide an introduction on the importance of the design of the physical environment for people with dementia
- To consider the impact the disabilities of dementia has on engaging with the environment
- To inform decision making about how to design settings for people with dementia
- To increase knowledge on light management for people with dementia

Master Class Program Outline

13.15-14.00	Registration, Lunch and Welcome
14.00-15.00	Understanding dementia in the design context Colm Cunningham
15.00-15.50	Design, Dementia and the evidence Colm Cunningham
15.50-16:45	Using and audit tool to inform decision making Colm Cunningham
16:45-17:00	Break
17.00-18.00	Making the right decisions on lighting for people with dementia David McNair (by webinar)

Thursday 29 April 2010

Session 1 **Managing the Challenges**

8.55-9.05 **Welcome and Housekeeping
Change Champions P/L**

9.05-9.45 **Opening Address
How we can meet the challenge of challenging behaviours
Prof Henry Brodaty**

Professor of Ageing and Mental Health and Director, Primary Dementia Collaborative Research Centre, University of New South Wales
Director, Aged Care Psychiatry and Head of the Memory Disorders Clinic at Prince of Wales Hospital, NSW

9.45-10.25 **Supporting People with Dementia at Night: waking up to the challenge
Colm Cunningham**

Director of Operations
The Dementia Service Development Centre
University of Stirling, UK

Colm Cunningham is the Director of Operations at The Dementia Service Development Centre, University of Stirling, with offices in Stirling, London and Belfast. Colm is a registered general and learning disability nurse and social worker. He completed his MSc in Dementia Studies at the University of Stirling in 2002. Colm has undertaken a range of research on the needs of people with dementia covering subject areas such as pain care in people with dementia, learning disability and dementia, night care and acute hospital care. The design of the environment for people with dementia is an important part of Colm's work and he is the lead author of the 'Design for people with dementia audit tool'.

This presentation will report on research undertaken for the Joseph Rowntree Foundation on the needs of older people and people with dementia. It will draw on the findings of this work to consider how the behaviour of people with dementia at night should be understood and supported.

10.25-10.45 **A Person Centred Practice Development Model to Transform Care Cultures in Residential Aged Care Facilities
Judi Weaver**

Clinical Nurse Consultant
Dementia Behaviour Management Advisory Service
Specialist Mental Health Services for Older People
Northern Sydney Central Coast Area Health Service, NSW

10.45-11.00 **Questions to Speakers**

11.00-11.30 **Morning Tea**

Session 2 Medicate or Remediate

- 11.30-11.50 **Discontinuing Antipsychotics In Dementia:
A Review of the Evidence**
Dr Bradley Ng
Older Persons Mental Health
Robina Hospital
Gold Coast Health Service District, QLD
- 11.50-12.10 **Working together to ‘RedUSE’ the use of sedatives to manage
challenging behaviours in aged care homes.**
Juanita Westbury
PhD Candidate and Lecturer in Pharmacy Residency
Unit for Medication Outcomes, Research and Education (UMORE)
School of Pharmacy,
University of Tasmania, TAS

Prof Gregory Peterson and Dr Shane Jackson, Unit for Medication
Outcomes, Research and Education (UMORE), School of Pharmacy,
University of Tasmania, TAS
- 12.10-12.30 **An Untold Truth About the Ageing Population -
Alcohol Related Brain Injury.**
Dr Alice Rota-Bartelink
Research Manager
Wintringham, VIC
- 12.30-12.50 **Making a difference for people with dementia in residential care**
Grace O’Sullivan
PhD candidate, AUT University, NZ
Consultant Occupational Therapist
St Andrew’s Village, NZ
- 12.50-13.05 **Questions to Speakers**
- 13.05-14.00 **Lunch and Poster Presentations**

Session 3 Models of Service Delivery and Care

- 14.00-14.20 **A Comprehensive Approach to the Management of BPSD by the NSW DBMAS**
Elizabeth Brandis
Clinical Nurse Consultant
NSW Dementia Behaviour Management Advisory Service, Central Service, NSW

Judi Weaver, Clinical Nurse Consultant, NSW Dementia Behaviour Management Advisory Service
North Sydney Central Coast Area Health, NSW
- 14.20-14.40 **Psychiatric Intensive Care Unit for Older Adults-A New Approach to Managing “BPSD” in the Western Australian Public Older Adult Mental Health Care System.**
Dr Angela McAleer
Consultant Old Age Psychiatrist, Selby Lodge,
North Metropolitan Older Adult Mental Health Program, WA
- 14.40-15.00 **Management of Challenging Behaviours accompanying Parkinson’s disease**
Michelle Stewart
Senior Clinical Psychologist
Specialist Mental Health Services for Older People, Eastern Region
Greater Western Area Health Service, NSW
- 15.00-15.15 **Questions to Speakers**
- 15.15-15.40 **Afternoon Tea**

Session 4 Behaviour Management Strategies

- 15.40-16.00 **A settling effect at a difficult time of the day?" Short-term effects of Tai Chi in an inpatient psychogeriatric ward**
Dr Matthew Croucher
Director, Psychiatry of Old Age Academic Unit
Walshe Centre, NZ
- Susan Gee**, Research Associate, Psychiatry of Old Age Academic Unit
CDHB, Older Persons Health, Princess Margaret Hospital, NZ
- Nathan van Rij**, Katarzyna Madrzejewska, Gillian Bastion
Rachael Beever & Margaret Francis
The Princess Margaret Hospital, NZ
- 16:00 – 16:05 **Questions to Speakers**
- 16.05-16.25 **Safewalking for people with dementia**
Jason Burton
Manager, Research and Consultancy
Alzheimers Australia, WA
- 16.25-16.45 **Doll Therapy for people with dementia: Playing for Real**
Tanya Rogers
Social Worker
Gold Coast Aged Care Assessment Team, QLD
- 16.45-16.55 **Questions to Speakers**
- 16.55 **Close**
- 17.00 **Networking Canapes and Drinks (registered delegates and invited guests only)**

Friday 30 April 2010

Session 5 **Person Centred Care**

- 8.50-9.30 **Opening Address**
Death at home – too hard for families?
Prof Jenny Abbey
Clinical Professor, Faculty of Health Sciences,
University of Adelaide, SA
Adjunct Professor, Queensland University of Technology, QLD
Research Fellow, Menzies Institute, UTAS
- 9.30-10.00 **Employing the Need-driven Dementia Behaviour model to improve well-being and care for persons with dementia**
Dr Lynn Chenoweth
Professor of Aged and Extended Care Nursing
University of Technology Sydney, and
Director, Health and Ageing Research Unit
South Eastern Sydney-Illawarra Area Health Service, NSW
- 10.00-10.45 **BPSD -Right here right now**
Robyn Attoe
Lecturer in Behavioural and Psychological Symptom
Management, RPN, Academic Unit for Psychiatry of Old Age
The University of Melbourne, VIC

Alissa Westphal
Lecturer in Dementia Care, OT
Academic Unit for Psychiatry of Old Age
The University of Melbourne, VIC
- 10.45-11.00 **Questions to Speakers**
- 11.00-11.30 **Morning Tea**

Session 6 **Organisational Development**

- 11.30-11.50 **What helps or hinders nurses management of behaviour problems in aged care residents? A research study.**
Kaye Ervin
Lecturer, Researcher, Rural Health Academic Network
School of Rural Health, University of Melbourne, VIC
Nurse Practitioner Candidate Aged Care
Cobram District Health, VIC

Sarah Finlayson, Benalla & District Memorial Hospital, VIC,
Julie Pallant, School of Rural Health, University of Melbourne, VIC
- 11.50-12.10 **Programmes of Learning: enabling sustainable change in care for residents with dementia within care homes**
Tina Fear
Principal Lecturer
University of the West of England, UK
- 12.10-12.30 **Improving Management of Behavioural and Psychological Symptoms of Dementia through Person Centred Training**
Irene Teo
Training Co-ordinator
Alzheimer's Australia SA

Elisabeth Buck, Clinical Behaviour Consultant
Tim Wallace, General Manager Research and Innovation
Alzheimer's Australia SA
- 12.30-12.50 **It's not rocket science- An interdisciplinary approach to behaviour management utilising a problem solving approach**
Kate Read
Lead Clinician, Aged Care
Occupational Therapy Department
Flinders Medical Centre, SA

Pam Bottrill
Social Worker
Flinders Medical Centre, SA

Gary Anderson
Clinical Services Co-ordinator
Flinders Medical Centre, SA
- 12.50-13.05 **Questions to Speakers**
- 13.05-14.00 **Lunch and Poster Presentations**

Session 6 A Improving Service Delivery for Dementia Patients

- 11.30-11.50 **An Evaluation Of The Efficacy Of The Dementia Service In The Reduction Of Clinical Presentations To Acute Hospitals**
Rosemary Oates
Aged Care Portfolio Manager – Southern Region NSW
Anglicare Canberra and Goulburn
- 11.50-12.10 **The Cognitive Impairment Identifier Program – A Victorian Hospital Alert And Education Program For Cognitive Impairment**
A/Prof Mark Yates
Clinical Director Internal Medicine
Ballarat Health Service, VIC
- Meredith Theobold**
Director of Nursing - Subacute Services
Ballarat Health Service, VIC
- Michelle Morvell**
Ballarat Health Service, VIC
- 12.10-12.30 **The impact of a person centred care dementia-delirium hospital volunteer pilot program in a rural NSW hospital**
Catherine Bateman
Dementia Delirium (Acute) Clinical Nurse Consultant
Greater Southern Area Health Service, Eastern Sector, NSW
- Barbra Williams**
Co-ordinator, Regional Dementia and Memory Community Centre
- 12.30-12.50 **Case conferencing-improving care for people with dementia**
Loren deVries
Transitional Nurse Practitioner
Garrawarra Centre, NSW
- 12.30-13.05 **Questions to Speakers**
- 13.05-14.00 **Lunch and Poster Presentations**

Session 7 Education and Training - Resources

- 14.00-14.20 **An interdisciplinary educational resource on person-centred dementia care to prevent challenging behaviours in persons with dementia**
Dr Anita De Bellis
Senior Lecturer in Nursing (Acute Care / Aged Care)
School of Nursing & Midwifery, Faculty of Health Sciences
Flinders University, SA
- Alison Wotherspoon, Sandra L. Bradley, Bonnie Walter
Dr Pauline Guerin, Maggie Cecchin, Prof Jan Paterson
School of Nursing & Midwifery, Faculty of Health Sciences, Flinders University, SA
- 14.20-14.40 **The Cognition Care Kit: Information online, 24/7**
Andrea Price
Clinical Nurse Consultant-Cognition
Peninsula Health, VIC
- Kelly Burns**, Clinical Nurse Consultant-Cognition
Peninsula Health, VIC
- 14.40-15.00 **Actualizing our Vision with Best Friends**
Simon Hamley
Education Co-ordinator
Admatha Dementia Care, NZ
- Donna Jemmett**
Clinical Manager
Admatha Dementia Care, NZ
- Donya Nee**
Vision Development Co-ordinator
Admatha Dementia Care, NZ
- 15.00-15.15 **Questions to Speakers**
- 15.15-15.40 **Afternoon Tea**

Session 8 Functionality and Dementia

- 15.40-16.00 **Restorative Care Program Demonstrates Innovative Approach to Patients Who Have Cognitive Impairment - Barwon Health**
Karen Farrar, Complex Care Co-ordinator, Restorative Care Program, Barwon Health, VIC

Maree Bennett
Manager Complex Care Co-ordination
Barwon Health, VIC
- 16.00-16.45 **Triple D. Dementia, Delirium, Depression
Preventing functional decline (or bust)**
Bee Cochran
Project Co-ordinator
Caulfield Hospital, VIC

Dr Maria Tsanglis
Consultant Psychiatrist, Aged Mental Health
Caulfield Hospital, VIC

David McMillan
Clinical Nurse Consultant, Aged Mental Health
Caulfield Hospital, VIC

Helen Callanan
Carer Consultant, Aged Mental Health
Caulfield Hospital, VIC
- 16.45-16.55 **Questions to Speakers**
- 16.55 **Close**

REGISTRATION FORM

Whose Challenging Behaviours: Meeting the Needs of Older People with Dementia

Delegate No.1 Details Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: _____
Given Name: _____
Company/Organisation: _____
Position: _____
Address: _____
State: _____ Postcode: _____
Country: _____
Telephone: _____
Facsimile: _____
Email: _____
Preferred Name for Badge: _____
Special Diet: _____
Disability Assistance: _____

Delegate No.2 Details Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: _____
Given Name: _____
Company/Organisation: _____
Position: _____
Address: _____
State: _____ Postcode: _____
Country: _____
Telephone: _____
Facsimile: _____
Email: _____
Preferred Name for Badge: _____
Special Diet: _____
Disability Assistance: _____

Delegate No.3 Details Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: _____
Given Name: _____
Company/Organisation: _____
Position: _____
Address: _____
State: _____ Postcode: _____
Country: _____
Telephone: _____
Facsimile: _____
Email: _____
Preferred Name for Badge: _____
Special Diet: _____
Disability Assistance: _____

SECTION A – TWO DAY REGISTRATIONS FOR 29-30 APRIL 2010

Register for 2 full days – 29 – 30 April 2010

Early Bird: 2 days before 14 April 2010 \$595.00 (inc GST) per person \$ _____
Standard: 2 days after 14 April 2010 \$710.00 (inc GST) per person \$ _____

OR

**DISCOUNTS IF YOU BOOK ONLINE AND PAY WITH A CREDIT CARD ON LINE*
at www.changechampions.com.au**

Two days before 14 April 2010 \$575.00 (inc GST) per person \$ _____

Two days after 14 April 2010 \$685.00 (inc GST) per person \$ _____

**CHECK THE WEBSITE FOR DISCOUNTS ON ONE DAY REGISTRATIONS WHEN
YOU PAY ON A CREDIT CARD AT THE TIME YOU REGISTER**

SECTION B – ONE DAY REGISTRATIONS FOR EITHER 29 OR 30 APRIL 2010

Register for one day only – Thursday 29 April 2010

Early Bird: 1 day only before 14 April 2010 \$320.00 (inc GST) per person \$ _____

Standard: 1 day only after 14 April 2010 \$355.00 (inc GST) per person \$ _____

Register for one day only – Friday 30 April 2010

Early Bird: 1 day only before 14 April 2010 \$320.00 (inc GST) per person \$ _____

Standard: 1 day only after 14 April 2010 \$355.00 (inc GST) per person \$ _____

SECTION C – MASTER CLASSES

ROBYN ATTOE AND ALISSA WESTPHAL

Early bird before 14 April 2010 \$225.00 (inc GST per person) \$ _____

Standard after 14 April 2010 \$250.00 (inc GST per person) \$ _____

COLM CUNNINGHAM

Early bird before 14 April 2010 \$330.00 (inc GST per person) \$ _____

Standard after 14 April 2010 \$440.00 (inc GST per person) \$ _____

SECTION D – NETWORKING CANAPES AND DRINKS

Networking Canapes, Drinks and Entertainment

Get to know our international guests and invited speakers
and discuss what you have learnt during the day your colleagues _____ @ \$60.00 (inc GST) \$ _____

SECTION E – CERTIFICATE OF ATTENDANCE

Printed, signed and available for you to pick up at the seminar \$10.00 (inc GST) \$ _____

TOTAL PAYABLE \$ _____

Payment Methods

Change Champions P/L
ABN: 67 093 954 413

1. PREFERRED Register Online at <http://www.changechampions.com.au>

Simply visit <http://www.changechampions.com.au> and scroll down the home page to the seminar of your choice and click on REGISTER. It's easy.

When you register on line, you can select your preferred payment option of:

- Generate an invoice that will be instantly emailed to the nominated responsible person
- Pay by EFT or cheque
- Pay online with a credit card (ie Mastercard, Visa and AMEX **only** if you are paying on line)

OR Fax or mail the registration form and

2. Pay on your Credit Card

Cardholders Name (PLEASE PRINT)

MasterCard Visa ONLY

Card No.

Expiry Date: __/__/__ Amount to be charged \$ _____

Cardholder's Signature: _____

Date: __/__/__

3. Pay by Cheque/money order

Please make cheques/money orders for your **registration fees only** payable to **Change Champions P/L**

4. Request for an invoice

Name of person responsible for payment of invoice: _____

Email address: _____

Contact phone number: _____

All invoices must be paid prior to the seminar.

5. EFTPOS

Account name: Change Champions P/L

Bank: Westpac

BSB: 033058

Account number: 198 743

Ref no: Whose (Your surname)

MAIL

Change Champions P/L
PO Box 668, The Junction NSW 2291

FAX

From Australia 02 9518 6898
From overseas +61 2 9518 6898

PH:

From Australia 02 9692 0533
From overseas +61 2 9692 0533

EMAIL:

info@changechampions.com.au

Your registration will be confirmed by email.

* CONDITIONS APPLY

You must pay on a credit card at the time you register if claiming a discount for online registration and payment. (Sorry..but we reserve the right to cancel your registration if you generate an invoice for a \$535 on line credit card registration)

Delegate Cancellation Policy

A 50% refund will be offered for cancellations received before 28 March, 2010.

As we are contracted for a specific number of delegates, no refunds will be given after this date. However, an alternative delegate name may be submitted. Sorry, there are no refunds on drinks/canape bookings.. so please don't ask. Applications for cancellations and substitutions of delegates are only accepted in writing by email to changechampions@bigpond.com. The cancellation policy also appears at <http://www.changechampions.com.au> on the home page under terms and conditions.

I have read and understand the conditions and delegate cancellation policy.

_____ signed ___/___/___ date.

ACCOMMODATION

Four Seasons Sydney Hotel (Venue)

199 George St
Sydney NSW 2000
P: +61 2 9238 0000
F: +61 2 9247 8713
E: Res.Sydney@fourseasons.com

Doubles or twin share at \$235 pn
Download booking form at
<http://www.changechampions.com.au>

Amora Jamison Sydney Hotel

11 Jamison St
Sydney, NSW 2000
P: + 61 2 9696 2500
F: + 61 2 9696 2600

Doubles or twin share at \$210 pn
Download online booking form at
<http://www.changechampions.com.au>

**Suggestions for accommodation that is close to the venue.
(Note we have no arrangements with these hotels)**

The Menzies Hotel Sydney

14 Carrington Street
Sydney, NSW 2000
P: +61 2 92991000
F: +61 2 9290 3819
E: stay@menzies.com.au

The York by Swiss-Belhotel

5 York Street
Sydney, NSW 2000,
P: +61 2 9210 5000
F: +61 2 9290 1487
E: restysb@swiss-belhotel.com

Holiday Inn Old Sydney

55 George St
Sydney NSW 2000

Rendezvous Stafford at the Rocks

75 Harrington St
Sydney, NSW 2000
Holiday Inn Old Sydney
55 George St
Sydney NSW 2000

For other discounted accommodation options eg hotels and apartments, we suggest that you visit <http://www.wotif.com.au>