

# Improving Adherence with Medication in Psychiatric Practice

1/2 Day Master Class with  
Chief Pharmacist and Author  
CAROL PATON



## Master Class Objectives

- increase understanding of barriers to medication adherence
- consider how strategies to overcome these barriers can be incorporated into routine clinical practice
- consider how IT systems can support strategies to improve adherence
- increase the confidence of the multi-disciplinary team in managing medicines

1 March 2011  
Sydney, NSW

4 hr Master Class:  
9.00– 13.00

### Ideal for:

A multi– disciplinary group  
including psychiatrists,  
pharmacists and nurses with  
an interest in managing  
medicines

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# Carol Paton

Carol Paton is Chief Pharmacist at Oxleas NHS Foundation Trust in South-East London, joint head of the Prescribing Observatory for Mental Health (POMH-UK) and an editor of both the Maudsley Prescribing Guidelines, and Psychiatric Intensive Care. She is a past member of the executive committee of the National association of Psychiatric Intensive Care Units (NAPICU) and has contributed to the development of several NICE guidelines. Carol has a long-standing interest in the quality of medicines use in psychiatry.

## Background

Non-adherence to prescribed medicines is common, and within psychiatric settings is a major cause of relapse and re-hospitalisation. There are many barriers to adherence, some of which are more easily remediable than others. Giving information in a way that is meaningful to the patient, offering choice where possible and actively managing side effects help to build a good therapeutic relationship and form the foundation from which other factors that influence adherence can be modified. Managing medicines in this way requires the support of psychiatrists, pharmacists, nurses, and indeed all staff who have clinical contact with the patient. The variable knowledge base, confidence in dealing with issues around medication, and perceived job role of different clinical staff make this challenging. Making up to date and easy to use resources available to all clinical staff, supports best clinical practice across the whole care pathway and the whole healthcare organisation.

**CAROL PATON MASTER CLASS:  
Improving Adherence with Medication in Psychiatric Practice**

1 March 2011

Venue: Quay Grand Suites, 61 Macquarie St, East Circular Quay  
Sydney, NSW Australia

Registration Form

**Delegate No.1 Details** Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: \_\_\_\_\_  
Given Name: \_\_\_\_\_  
Company/Organisation: \_\_\_\_\_  
Position: \_\_\_\_\_  
Address: \_\_\_\_\_  
State: Postcode: \_\_\_\_\_  
Country: \_\_\_\_\_  
Telephone: \_\_\_\_\_  
Facsimile: \_\_\_\_\_  
Email: \_\_\_\_\_  
Preferred Name for Badge: \_\_\_\_\_  
Special Diet: \_\_\_\_\_  
Disability Assistance: \_\_\_\_\_  
Do you agree to having your email address included in the delegate list? \_\_\_\_\_ YES/NO

**Delegate No.2 Details** Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: \_\_\_\_\_  
Given Name: \_\_\_\_\_  
Company/Organisation: \_\_\_\_\_  
Position: \_\_\_\_\_  
Address: \_\_\_\_\_  
State: Postcode: \_\_\_\_\_  
Country: \_\_\_\_\_  
Telephone: \_\_\_\_\_  
Facsimile: \_\_\_\_\_  
Email: \_\_\_\_\_  
Preferred Name for Badge: \_\_\_\_\_  
Special Diet: \_\_\_\_\_  
Disability Assistance: \_\_\_\_\_  
Do you agree to having your email address included in the delegate list? \_\_\_\_\_ YES/NO

**SEMINAR PRICING (Duration 4 hours: 09.00– 13.00)**

Early Bird: paid before 15 February 2011 \_\_\_\_\_ \$225.00 (inc GST) per person \$ \_\_\_\_\_

Standard: paid after 15 February 2011 \_\_\_\_\_ \$275.00 (inc GST) per person \$ \_\_\_\_\_

**CERTIFICATE OF ATTENDANCE (Optional)**

Signed and ready to pick up at the seminar \_\_\_\_\_ @\$10.00 (inc GST) per person \$ \_\_\_\_\_

<b>TOTAL AMOUNT PAYABLE</b>	\$ _____
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## Payment Methods

Change Champions P/L ABN 67 093 954 413

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### 4. EFTPOS

Account name: Change Champions P/L

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Name and position title of person responsible for the payment of the invoice: \_\_\_\_\_

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**Your registration will be confirmed by email.**

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#### \*CONDITIONS APPLY

**You must pay on a credit card at the time you register** if claiming a discount for online registration and payment.

#### Delegate Cancellation Policy

A 50% refund will be offered for cancellations received up to 28 days before the seminar. As we are contracted for a specific number of delegates, no refunds will be given after this date. However, an alternative delegate name may be submitted. Sorry, there are no refunds on drinks/canapé bookings, so please don't ask. Applications for cancellations and substitutions of delegates are **only accepted in writing** by email to [changechampions@bigpond.com](mailto:changechampions@bigpond.com). The cancellation policy also appears at <http://www.changechampions.com.au> on the home page under terms and conditions.

I have read and understand the conditions and delegate cancellation policy.

\_\_\_\_\_ signed \_\_\_\_\_ / \_\_\_\_ / \_\_\_\_\_ date