



The Challenge of Long Term Alcohol Abuse in Older Adults

Managing Older Clients living with Alcohol Related Brain Injury

Master Class with expert Alice Rota-Bartelink

In-House Master Classes

ALSO AVAILABLE THROUGHOUT AUSTRALIA (INCLUDES
RURAL AND REMOTE AREAS) AND NEW ZEALAND

BOOK THIS CLASS FOR YOUR FACILITY!

Set November Seminars (max 40 delegates)

- 7 Nov 2011- Townsville, QLD
- 9 Nov 2011- Rockhampton, QLD
- 11 Nov 2011- Brisbane, QLD

Workshop Outline

- ⇒ Introduction
- ⇒ Alcohol & Alcoholism
- ⇒ Symptoms
- ⇒ Alcohol and the Ageing Body
- ⇒ Comorbidity
- ⇒ Alcohol and the Brain
- ⇒ The Role of a Neuropsychologist
- ⇒ Treatment
- ⇒ Managing Challenging Behaviour
- ⇒ Aggressive Behaviour
- ⇒ Self Care Practices - Staff
- ⇒ Case Profile
- ⇒ Conclusion

Mainstream aged care services are well designed to meet the physical care and functional needs of most clients but often cannot provide the structure required to successfully manage neurobehavioural disability expressed as challenging behaviour arising from long-term alcohol abuse

Contributing factors can include;

- the physical environment (such as staff-to-client ratios, security, accessibility, location, less restrictive settings)
- staffing issues (insufficient staff numbers, insufficient training in neurobehavioural disability and rehabilitation, poor understanding of client presentations, low expectations of the client)
- Insufficient specialised support (from neuropsychologists, neuropsychiatrists);
- insufficient routine and appropriate behavioural programming directed toward the promotion of more positive behaviours;
- uncondusive organisation principles and philosophies (abstinence policies, approaches to recreation, tolerance, acceptance of concessional residents)

Master Class Aim:

To facilitate the transfer of skills and knowledge gained through evaluative research into the provision of appropriate support to clients living with alcohol related brain injury (ARBI) this presentation will provide education on the effects of long-term alcohol abuse on an older person and advice on strategies to assist service providers with managing behaviours of concern among older clients living with ARBI.

Master Class Facilitator: Alice Rota- Bartelink

Alice Rota-Bartelink has worked across a wide range of service sectors as an allied health practitioner. She held a 4-year lecturing position at La Trobe University, Melbourne where she attained her PhD.

In 2001 Alice partnered the UK and USA in an international study examining the antecedents of homelessness among the elderly and in 2004 became principal researcher at Wintringham, a non-for-profit provider of aged care services to the homeless population, where she was responsible for The Wicking Project investigating models of care in support of older homeless individuals living with alcohol related brain injury.

In 2007 Alice visited some 20 international service providers in the UK and The Netherlands investigating strategies in support of older people managing long-term alcohol and drug abuse. Alice has authored 6 peer-reviewed journal articles and within the past 3 years has presented at over 25 national and international conferences. Alice was recently appointed as an Honorary Research Fellow at NARI - the National Aging Research Institute (NARI).



“This Master Class aims to improve the life quality of this often forgotten and neglected group of people by providing participants with an understanding of their unique set of care needs and imparting the skills required to enhance the delivery of effective care and support.”

- Alice Rota-Bartelink



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**IN HOUSE- MASTER CLASS:
The Challenge of Long Term Alcohol Abuse in Older People**

REGISTRATION FORM: EXPRESSION OF INTEREST

Name of Contact Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: _____

Given Name: _____

Company/Organisation: _____

Position: _____

Address: _____

State _____ Postcode: _____

Country: _____

Telephone: _____

Facsimile: _____

Email: _____

The Master Class will be for the following organisation:

At what address would the Master Class be held?

Approximate number of delegates? _____

Preferred dates _____

1/2 day or Full day? (state preferred times) _____

PLEASE FAX THIS FORM ONLY TO (02) 9518 6898 or
Email it to info@changechampions.com.au
Change Champions & Associates will then get in touch to discuss the possibilities.

NOVEMBER MASTER CLASS SERIES
The Challenge of Long Term Alcohol Abuse in Older People
REGISTRATION FORM FOR DELEGATES



Delegate Details Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: _____

Given Name: _____

Company/Organisation: _____

Position: _____

Address: _____

State: Postcode: _____

Country: _____

Telephone: _____

Facsimile: _____

Email: _____

Preferred Name for Badge: _____

Special Diet: _____

Disability Assistance: _____

PAYMENT OPTIONS

SECTION A – REGISTRATION COSTS

MASTER CLASS TIMES: 09.30– 16.00

Select your location

- 7 November 2011 in Townsville, QLD on** (early bird by 24 October 2011)
Holiday Inn, 334 Flinders Mall Townsville
- 9 November 2011 in Rockhampton, QLD** (early bird closes 26 October 2011) Venue TBC
- 11 November 2011 in Brisbane, QLD in** (early bird closes 28 October 2011) Venue TBC

Early Bird- **Register & pay on invoice BEFORE early bird date** (see above) **\$360.00** \$ _____

Standard- **Register & pay on invoice AFTER early bird date** (see above) **\$395.00** \$ _____

TOTAL AMOUNT PAYABLE (Australian Dollars) \$ _____

Why not register online? It's easy, simply visit:

WWW.CHANGECHAMPIONS.COM.AU

