



# The Challenge of Long Term Alcohol Abuse in Older Adults

## Managing Older Clients living with Alcohol Related Brain Injury

Mainstream aged care services are well designed to meet the physical care or basic functional needs of clients but often lack the structure to manage challenging behaviour resulting from neurobehavioural disability, and lack the specific arrangements that enable effective implementation of neurobehavioural principles.

Contributing factors can include;

- the physical environment (such as staff-to-client ratios, security, accessibility, location, less restrictive settings)
- staffing issues (insufficient staff numbers, insufficient training in neurobehavioural disability and rehabilitation, poor understanding of client presentations, low expectations of the client)
- Insufficient specialised support (from neuropsychologists, neuropsychiatrists);
- insufficient routine and appropriate behavioural programming directed toward the promotion of more positive behaviours;
- uncondusive organisation principles and philosophies (abstinence policies, approaches to recreation, tolerance, acceptance of concessional residents)

23 Feb 2011  
Hotel Grand Chancellor, 1 Davey St  
Hobart TAS

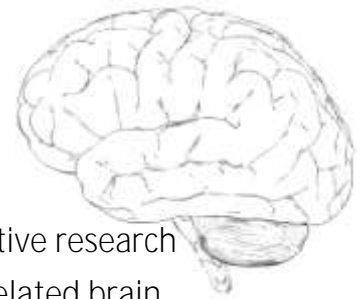
24 Feb 2011  
Hotel Grand Chancellor, 29 Cameron St  
Launceston TAS

### Workshop Outline

- ⇒ Introduction
- ⇒ Alcohol & Alcoholism
- ⇒ Symptoms
- ⇒ Alcohol and the Ageing Body
- ⇒ Comorbidity
- ⇒ Alcohol and the Brain
- ⇒ The Role of a Neuropsychologist
- ⇒ Treatment
- ⇒ Managing Challenging Behaviour
- ⇒ Aggressive Behaviour
- ⇒ Self Care Practices - Staff
- ⇒ Case Profile
- ⇒ Conclusion

## Seminar Aim:

To facilitate the transfer of skills and knowledge gained through evaluative research into the provision of appropriate support to clients living with alcohol related brain injury (ARBI) this presentation will provide education on the effects of long-term alcohol abuse on an older person and advice on strategies to assist service providers with managing behaviours of concern among older clients living with ARBI.



## Master Class Facilitator: Alice Rota- Bartelink

Alice Rota-Bartelink has worked across a wide range of service sectors as an allied health practitioner. She held a 4-year lecturing position at La Trobe University, Melbourne where she attained her PhD.

In 2001 Alice partnered the UK and USA in an international study examining the antecedents of homelessness among the elderly and in 2004 became principal researcher at Wintringham, a non-for-profit provider of aged care services to the homeless population, where she was responsible for The Wicking Project investigating models of care in support of older homeless individuals living with alcohol related brain injury.

In 2007 Alice visited some 20 international service providers in the UK and The Netherlands investigating strategies in support of older people managing long-term alcohol and drug abuse. Alice has authored 6 peer-reviewed journal articles and within the past 3 years has presented at over 25 national and international conferences. Alice was recently appointed as an Honorary Research Fellow at NARI - the National Aging Research Institute (NARI).



*“This Master Class aims to improve the life quality of this often forgotten and neglected group of people by providing participants with an understanding of their unique set of care needs and imparting the skills required to enhance the delivery of effective care and support.”*

**- Alice Rota-Bartelink**



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**MASTER CLASS: The Challenge of Long Term Alcohol Abuse in Older People**  
**Registration Form**

**Delegate No.1 Details** Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: \_\_\_\_\_  
Given Name: \_\_\_\_\_  
Company/Organisation: \_\_\_\_\_  
Position: \_\_\_\_\_  
Address: \_\_\_\_\_  
State: Postcode: \_\_\_\_\_  
Country: \_\_\_\_\_  
Telephone: \_\_\_\_\_  
Facsimile: \_\_\_\_\_  
Email: \_\_\_\_\_  
Preferred Name for Badge: \_\_\_\_\_  
Special Diet: \_\_\_\_\_  
Disability Assistance: \_\_\_\_\_  
Do you agree to having your email address included in the delegate list? Yes / No

**Delegate No.2 Details** Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: \_\_\_\_\_  
Given Name: \_\_\_\_\_  
Company/Organisation: \_\_\_\_\_  
Position: \_\_\_\_\_  
Address: \_\_\_\_\_  
State: Postcode: \_\_\_\_\_  
Country: \_\_\_\_\_  
Telephone: \_\_\_\_\_  
Facsimile: \_\_\_\_\_  
Email: \_\_\_\_\_  
Preferred Name for Badge: \_\_\_\_\_  
Special Diet: \_\_\_\_\_  
Disability Assistance: \_\_\_\_\_  
Do you agree to having your email address included in the delegate list? Yes / No

**Delegate No.3 Details** Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: \_\_\_\_\_  
Given Name: \_\_\_\_\_  
Company/Organisation: \_\_\_\_\_  
Position: \_\_\_\_\_  
Address: \_\_\_\_\_  
State: Postcode: \_\_\_\_\_  
Country: \_\_\_\_\_  
Telephone: \_\_\_\_\_  
Facsimile: \_\_\_\_\_  
Email: \_\_\_\_\_  
Preferred Name for Badge: \_\_\_\_\_  
Special Diet: \_\_\_\_\_  
Disability Assistance: \_\_\_\_\_  
Do you agree to having your email address included in the delegate list? Yes / No

PLEASE TICK THE MASTER CLASS YOU WILL ATTEND:

- Master Class 1: 23 Feb 2011, Hotel Grand Chancellor, 1 Davey St, Hobart TAS 9.30– 16.00  
 Master Class 2: 24 Feb 2011, Hotel Grand Chancellor, 29 Cameron St, Launceston, TAS 9.30–16.00

Early Bird: Full day workshop paid before 10 Feb 2011      \$350.00 pp (inc GST)  
Standard: Full day workshop paid after 10 Feb 2011      \$385.00 pp (inc GST)

Half day in house presentation with Q&A:      \$2750.00 (inc GST)\*

\*regardless of the number of people present      \*You must be able to provide full conference facilities

# Payment Methods

Change Champions P/L ABN 67 093 954 413

## 1. PREFERRED Register Online at <http://www.changechampions.com.au>

Simply visit <http://www.changechampions.com.au> and scroll down the home page to the seminar of your choice and click on REGISTER. It's easy.

When you register on line, you can select your preferred payment option of:

- A) Generate an invoice that will be instantly emailed to the nominated responsible person
- B) Pay by EFT or cheque
- C) Pay online with a credit card

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## 2. Pay on your Credit Card & fax your registration form

Cardholders Name (PLEASE PRINT) \_\_\_\_\_

MasterCard  Visa ONLY

Card No.

Expiry Date: \_\_ / \_\_

Amount to be charged: \$ \_\_\_\_\_

Cardholder's Signature: \_\_\_\_\_ Date: \_\_ / \_\_ / \_\_

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## 3. Pay by cheque/money order

Please make cheques/money orders for your **registration fees only** payable to Change Champions P/L

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## 4. EFTPOS

Account name: Change Champions P/L

Bank: Westpac

BSB: 033 058

Account No: 198 743

Ref No: RotaB (Your surname)

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## 5. Request an invoice

Name and position title of person responsible for the payment of the invoice: \_\_\_\_\_

Email address: \_\_\_\_\_ Ph: \_\_\_\_\_

All invoices must be paid prior to the seminar.

**MAIL:** Change Champions P/L  
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From overseas: +61 2 9518 6898  
**PH:** 02-9692 0533  
From overseas: +61 2 9692 0533

**EMAIL:** [info@changechampions.com.au](mailto:info@changechampions.com.au)

**Your registration will be confirmed by email.**

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### \*CONDITIONS APPLY

**You must pay on a credit card at the time you register** if claiming a discount for online registration and payment.

### Delegate Cancellation Policy

A 50% refund will be offered for cancellations received up to 28 days before the seminar. As we are contracted for a specific number of delegates, no refunds will be given after this date. However, an alternative delegate name may be submitted. Sorry, there are no refunds on drinks/canapé bookings, so please don't ask. Applications for cancellations and substitutions of delegates are **only accepted in writing** by email to [changechampions@bigpond.com](mailto:changechampions@bigpond.com). The cancellation policy also appears at <http://www.changechampions.com.au> on the home page under terms and conditions.

I have read and understand the conditions and delegate cancellation policy.

\_\_\_\_\_ signed \_\_\_\_\_/\_\_\_\_/\_\_\_\_\_ date